



# SEEDS

VOLUNTEERING FOR ICELAND

## About SEEDS

SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through voluntary work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform and share with them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.



## SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations both to develop projects in partnership, aimed at fulfilling an identified need, and to give vital assistance to established initiatives. Projects are designed to be mutually beneficial to all involved: the volunteers and participants, the local hosting communities and Iceland as a whole.

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary service
- International learning camps and exchanges
- Internships and lifelong learning programmes
- Awareness-raising initiatives and campaigns
- Seminars and training sessions
- Cultural, artistic and educational exhibitions

Our projects in Iceland are funded and supported by:

- Contributions from volunteers and participants in the projects
- The Erasmus+ Programme of the European Commission
- Engagement of our long-term volunteers and interns
- Additional non-financial contributions in kind from the local hosts of the projects

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance) and Service Civil International (SCI).

During 2024 we organised 80 different projects located in every corner of Iceland; we hosted more than 1000 International volunteers from more than 40 different countries!

Volunteers performed different types of tasks. For instance, ecological research, removing invasive plant growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of buildings, monuments and artistic heritage. In cultural/festival/sports related projects, SEEDS came into action by helping in the organisation of the events and also by taking an active part in them. SEEDS also works to promote sustainable tourism in local communities, supporting the local economy and helping to keep small and remote towns alive.

### SEEDS' Philosophy

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up intercultural understanding and encouraging peace, while working for an identified need within a community.

We enable our participants and volunteers to get to know Iceland from a different perspective, to meet the locals and have an insight into Icelandic culture, learn new skills, gain intercultural understanding, make new friends all over the world, and give something back to the environment.

Through our Environmentally Aware programme, SEEDS shares environmental messages with the international and local participants in our projects.

The rewards for the volunteers, participants, communities and ecosystems are massive, while interacting with local and foreign participants, they learn about various cultures, have the opportunity to build friendships, while they develop new skills working in challenging and unfamiliar surroundings.



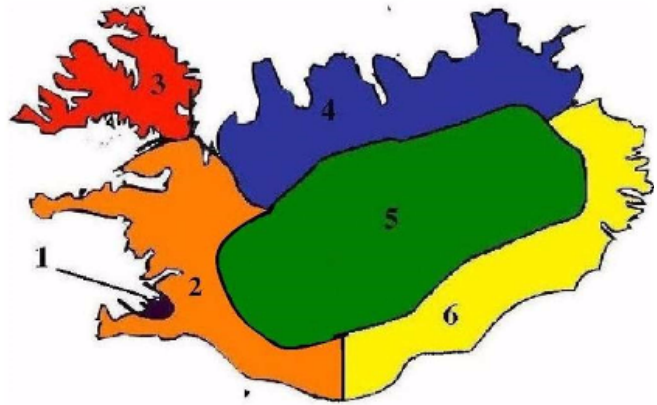
## SEEDS Iceland - List of camps for 2025

For easy browsing and navigation, you can click the hyperlink of each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

### \* Camp types or themes:

AGRI (Agriculture)  
 ARCH (Archeology)  
 ARTS (Cultural - Arts)  
 CONS (Construction)  
 CULT (Cultural)  
 EDU (Education - Teaching)  
 ENVI (Environment - Nature)  
 FEST (Festival)  
 HERI (Heritage)  
 LANG (Language learning)  
 MANU (Manual work)  
 RENO (Renovation, Restoration)  
 SOCI (Social)  
 SPORT (Sports events, Healthy lifestyle)  
 STUD (Study theme, Discussion, Research)  
 VIRT (Virtual camp)

### Location/Area on the map of Iceland:



Code	Name/Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	<a href="#">SEEDS 001. Environment &amp; Photography in the New Year</a>	06.01 - 15.01	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 002	<a href="#">SEEDS 002. Environment &amp; Photography - January</a>	16.01 - 25.01	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 003	<a href="#">SEEDS 003. Environment &amp; Photography - Winter lights</a>	26.01 - 04.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 004	<a href="#">SEEDS 004. Environment &amp; Photography - February</a>	05.02 - 14.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 005	<a href="#">SEEDS 005. Environment &amp; Photography - Winter</a>	15.02 - 24.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 006	<a href="#">SEEDS 006. Environment &amp; Photography in Reykjavik</a>	25.02 - 06.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 007	<a href="#">SEEDS 007. Environment March &amp; Photography</a>	07.03 - 16.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 008	<a href="#">SEEDS 008. Environment &amp; Photography - March</a>	17.03 - 26.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 009	<a href="#">SEEDS 009. Environment &amp; Photography - Easter</a>	27.03 - 05.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 010	<a href="#">SEEDS 010. Environment &amp; Photography - Spring</a>	06.04 - 15.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 011	<a href="#">SEEDS 011. Environment &amp; Photo - Easter in Reykjavik</a>	16.04 - 25.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 015	<a href="#">SEEDS 015. Alviðra - Awareness, Engagement &amp; Action</a>	16.04 - 25.04	ENVI/STUD	6-8	18+	2
SEEDS 014	<a href="#">SEEDS 014. Environment &amp; Photography - Spring</a>	26.04 - 05.05	ENVI/ARTS/STUD	8 - 12	18+	1

SEEDS 016	<a href="#">SEEDS 016. Alviðra - Awareness, Engagement &amp; Action</a>	26.04 - 05.05	ENVI/STUD	6 - 8	18+	2
SEEDS 013	<a href="#">SEEDS 013. Nature reserve below the Arctic Circle - Hornstrandir</a>	06.05 - 20.05	ENVI	6 - 8	18+	
SEEDS 017	<a href="#">SEEDS 017. Environment &amp; Photography - May</a>	06.05 - 15.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 018	<a href="#">SEEDS 018. Alviðra - Awareness, Engagement &amp; Action</a>	06.05 - 15.05	ENVI / STUD	6-8	18+	2
SEEDS 019	<a href="#">SEEDS 019. Island of Viðey (1/2)</a>	13.05 - 22.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 020	<a href="#">SEEDS 020. Environment &amp; Photography - Summer</a>	16.05 - 25.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 021.	<a href="#">SEEDS 021. Alviðra - Awareness, Engagement &amp; Action</a>	16.05 - 25.05	ENVI / STUD	6-8	18+	2
SEEDS 023	<a href="#">SEEDS 023. Environment &amp; Photography</a>	26.05 - 04.06	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 024	<a href="#">SEEDS 024. Alviðra - Awareness, Engagement &amp; Action</a>	26.05 - 04.06	ENVI / STUD	6-8	18+	2
SEEDS 026	<a href="#">SEEDS 026. Photography &amp; Fun in Reykjavik - June</a>	05.06 - 13.06	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 027	<a href="#">SEEDS 027. Environmental Awareness &amp; Action - Rvk</a>	05.06 - 13.06	ENVI / STUD	8 - 12	18+	1
SEEDS 028	SEEDS 028. Alviðra - Awareness, Engagement & Action	05.06 - 13.06	ENVI / STUD	6-8	18+	2
SEEDS 030	<a href="#">SEEDS 030. Summer Solstice &amp; Photography in Reykjavik</a>	14.06 - 22.06	ARTS/STUD	8 - 12	16-20	1
SEEDS 031	<a href="#">SEEDS 031. Environmental Awareness &amp; Action - Rvk</a>	14.06 - 22.06	ENVI/STUD	8 - 12	18+	1
SEEDS 032	SEEDS 032. Alviðra - Awareness, Engagement & Action	14.06 - 22.06	ENVI / STUD	6-8	18+	2
SEEDS 034	<a href="#">SEEDS 034. Photography &amp; Midnight Sun in Reykjavik</a>	23.06 - 01.07	ARTS/STUD	8 - 12	16 - 20	1
SEEDS 035	<a href="#">SEEDS 035. Environmental Awareness &amp; Action - Rvk</a>	23.06 - 01.07	ENVI/STUD	8 - 12	18+	1
SEEDS 036	<a href="#">SEEDS 036. Alviðra - Awareness, Engagement &amp; Action</a>	23.06 - 01.07	ENVI / STUD	6-8	18+	2
SEEDS 038	<a href="#">SEEDS 038. Photography &amp; Fun in Reykjavik - Summer</a>	02.07 - 10.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 039	<a href="#">SEEDS 039. Environmental Awareness &amp; Action - Rvk</a>	02.07 - 10.07	ENVI / STUD	8 - 12	18+	1
SEEDS 040	SEEDS 040. Alviðra - Awareness, Engagement & Action	02.07 - 10.07	ENVI / STUD	6-8	18+	2
SEEDS 042	<a href="#">SEEDS 042. Midnight Sun &amp; Photography in Reykjavik</a>	11.07 - 19.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 043	<a href="#">SEEDS 043. Environmental Awareness &amp; Action - Rvk</a>	11.07 - 19.07	ENVI / STUD	8 - 12	18+	1
SEEDS 044	<a href="#">SEEDS 044. Alviðra - Awareness, Engagement &amp; Action</a>	11.07 - 19.07	ENVI / STUD	6-8	18+	2
SEEDS 046	<a href="#">SEEDS 046. July Photography &amp; Fun in Reykjavik</a>	20.07 - 28.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 047	<a href="#">SEEDS 047. Environmental Awareness &amp; Action - Rvk</a>	20.07 - 28.07	ENVI / STUD	8 - 12	18+	1
SEEDS 048.	<a href="#">SEEDS 048. Alviðra - Awareness, Engagement &amp; Action</a>	20.07 - 28.07	ENVI / STUD	6-8	18+	2
SEEDS 050.	<a href="#">SEEDS 050. Photography &amp; Fun in Reykjavik - Summer</a>	29.07 - 06.08	ARTS / STUD	8-12	16 - 20	1
SEEDS 051.	<a href="#">SEEDS 051. Environmental Awareness &amp; Action - Rvk</a>	29.07 - 06.08	ENVI / STUD	8-12	18+	1
SEEDS 052	<a href="#">SEEDS 052. Alviðra - Awareness, Engagement &amp; Action</a>	29.07 - 06.08	ENVI / STUD	6-8	18+	2
SEEDS 054.	<a href="#">SEEDS 054. Photography &amp; Fun in Reykjavik - Pride</a>	07.08 - 15.08	ARTS / STUD	8-12	16 - 20	1
SEEDS 055.	<a href="#">SEEDS 055. Environmental Awareness &amp; Action - Rvk</a>	07.08 - 15.08	ENVI / STUD	8-12	18+	1

SEEDS 056	<a href="#">SEEDS 056. Alviðra - Awareness, Engagement &amp; Action</a>	07.08 - 15.08	ENVI / STUD	6-8	18+	2
SEEDS 058.	<a href="#">SEEDS 058. Photography in Reykjavík - Culture Night</a>	16.08 - 24.08	ARTS / STUD	8-12	16 - 20	1
SEEDS 059.	<a href="#">SEEDS 059. Environmental Awareness &amp; Action - Rvk</a>	16.08 - 24.08	ENVI / STUD	8-12	18+	1
SEEDS 060.	<a href="#">SEEDS 060. Alviðra - Awareness, Engagement &amp; Action</a>	16.08 - 24.08	ENVI / STUD	6-8	18+	2
SEEDS 061	<a href="#">SEEDS 061. Island of Viðey (2/2)</a>	19.08 - 28.09	ENVI/ARTS/STUD	8-12	18+	1
SEEDS 062.	<a href="#">SEEDS 062. Photography &amp; Fun in Reykjavík - August</a>	25.08 - 02.09	ARTS / STUD	8-12	16 - 20	1
SEEDS 063	SEEDS 063. Environmental Awareness & Action - Rvk	25.08 - 02.09	ENVI / STUD	8-12	18+	?
SEEDS 064	<a href="#">SEEDS 064. Alviðra - Awareness, Engagement &amp; Action</a>	25.08 - 02.0	ENVI / STUD	6-8	18+	2
SEEDS 066	<a href="#">SEEDS 066. Photography &amp; Fun in Reykjavik - September</a>	03.09 - 11.09	ARTS / STUD	8-12	16 - 20	1
SEEDS 067	<a href="#">SEEDS 067. Environmental Awareness &amp; Action - Rvk</a>	03.09 - 11.09	ENVI / STUD	8-12	18+	1
SEEDS 068	<a href="#">SEEDS 068. Alviðra - Awareness, Engagement &amp; Action</a>	03.09 - 11.09	ENVI / STUD	6-8	18+	2
SEEDS 070	<a href="#">SEEDS 070. Photography &amp; Fun in Reykjavík - Autumn</a>	12.09 - 20.09	ARTS / STUD	8-12	16-20	1
SEEDS 071.	<a href="#">SEEDS 071. Environmental Awareness &amp; Action - Rvk</a>	12.09 - 20.09	ENVI / STUD	8-12	18+	1
SEEDS 072.	<a href="#">SEEDS 072. Alviðra - Awareness, Engagement &amp; Action</a>	12.09 - 20.09	12.09 - 20.09	6-8	18+	2
Code	Name/Location	Dates	Type*	Vols.	Age	Area

## Practical information about our projects:

### 1. Participation Fees

Participation fees are required in order to take part in our camps. These help to support the ongoing work of SEEDS. Please be aware that your entire fee might not necessarily go towards your particular camp and can instead be used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipment, supplies, banking costs, legal formalities, etc.
- Provide financial support and resources to aid the development of some of our other activities, to pay for food or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions in the camps.
- Cover other costs associated with your camp, e.g. food, accommodation, transportation, and administrative costs
- Support the costs of the long-term volunteers and project coordinators.

SEEDS works with partner sending organisations in many countries around the world and most of them raise funds by sending volunteers abroad and charging outgoing volunteers a registration fee. However, in Iceland we face a particular challenge for two reasons: voluntary service is not very popular among Icelanders yet, and the Icelandic population is very small, so the number of volunteers sent by SEEDS overseas does not represent sufficient income to run our association.

Furthermore, SEEDS does not receive any regular government funding, or financial support from our local, regional or national authorities or government. Thanks to the fees contributed by our participants we are able to run the association and to offer the program of varied projects all year round.

The amount of the fees will be stated in each camp's description. The fees we charge are different depending on the season of the year and the demand for particular projects; during the summer they are higher as we have a greater demand for this short period and it is the time when SEEDS raises most of its income to sustain the association for the whole year.

SEEDS is a non-profit organisation; all funds go back into improving the quality and service we provide to our participants, volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

## 2. Insurance

Volunteers and participants in our camps need to obtain health and accident insurance for the whole duration of their travel, prior to their arrival to Iceland and bring with them all necessary documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC). Iceland is part of the European Economic Area (EEA), so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit from the use of the EHIC here, having access to the Icelandic healthcare system as in any European country with the same conditions as Icelandic citizens and will be treated on the same basis as residents of Iceland.

Volunteers residing outside the EEA must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this be obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

## 3. Travel to Iceland

We suggest our volunteers research travelling with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are currently many airlines flying to Keflavík (Reykjavík) International Airport all year round (though please be advised that due to the pandemic crisis, the situation may change):

1. **Icelandair:** [www.icelandair.com](http://www.icelandair.com)
2. **Play:** [www.flyplay.com](http://www.flyplay.com)
3. **Wizzair:** [www.wizzair.com](http://www.wizzair.com)
4. **EasyJet:** [www.easyjet.com](http://www.easyjet.com)
5. **Scandinavian Airlines (SAS):** [www.scandinavian.net](http://www.scandinavian.net) [www.flysas.com](http://www.flysas.com) [www.flysas.is](http://www.flysas.is)
6. **Lufthansa:** [www.lufthansa.com](http://www.lufthansa.com)
7. **Air Baltic:** [www.airbaltic.com](http://www.airbaltic.com)
8. **Austrian Airlines:** [www.austrian.com](http://www.austrian.com)
9. **Neos:** [www.neosair.it](http://www.neosair.it)
10. **Atlantic Airways:** [www.atlantic.fo](http://www.atlantic.fo)
11. **Transavia France:** [www.transavia.com](http://www.transavia.com)
12. **Norwegian:** [www.norwegian.no](http://www.norwegian.no)
13. **British Airways:** [www.ba.com](http://www.ba.com)
14. **Finnair:** [www.finnair.com](http://www.finnair.com)
15. **Vueling:** [www.vueling.com](http://www.vueling.com)

To check the **map routes** and destinations for **Icelandair**, please see the [Icelandair route map](#).

**Wizz Air** often has cheap flights from more destinations around Europe.

Apart from these 15 airlines, there will be a few others flying to Iceland:

- a. Air Canada: [www.aircanada.com](http://www.aircanada.com)

- b. Air Greenland: [www.airgreenland.com](http://www.airgreenland.com)
- c. Czech Airlines: [www.csa.cz](http://www.csa.cz)
- d. Delta Airlines: [www.delta.com](http://www.delta.com)
- e. Edelweiss: [www.flyedelweiss.com](http://www.flyedelweiss.com)
- f. Eurowings: [www.eurowings.com](http://www.eurowings.com)
- g. Iberia Express: [www.iberiaexpress.com](http://www.iberiaexpress.com)
- h. Jet2: [www.jet2.com](http://www.jet2.com)
- i. United: [www.united.com](http://www.united.com)

The following link provides a list of all destinations for **direct flights from Keflavik Airport** and might be useful when you book your **return**: [direct flights from Keflavik Airport](#).

Volunteers might find good deals and help with connecting flights and general trip planning at:

[www.skyscanner.net](http://www.skyscanner.net)   [www.dohop.com](http://www.dohop.com)   [www.edreams.com](http://www.edreams.com)   [www.ebookers.com](http://www.ebookers.com)  
[www.opodo.com](http://www.opodo.com)   [www.kayak.com](http://www.kayak.com)   [www.kiwi.com](http://www.kiwi.com)

Lastly, for when volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops at the Faroe Islands on the way. (<https://www.smyril-line.com/>)

#### 4. Arrival and Departure dates

Volunteers participating in our projects taking place **outside Reykjavik should arrive to Iceland the latest one day before the camp starts**, as travel to the project, if arranged by SEEDS (see point 6 below), will leave Reykjavik on the first day of the camp in the morning.

If volunteers choose to travel by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return journey** the day the camp ends, but **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

**Participants in our camps in Reykjavik do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of their arrival.**

Looking at our previous experience with volunteers, you could consider staying longer in Iceland; either before and/or after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

#### 5. Domestic transport - Minibus

SEEDS organises shared transport from Reykjavik to the projects' sites for all of the camps outside the city. The meeting point will be in Reykjavik on the first day of the camp, in the morning.

The minibus option is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow participants and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop wherever possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

#### 6. SEEDS' Accommodation in Reykjavik

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides



accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

## 7. Language

Knowledge of Icelandic is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge of English is expected from participants, even though it is not a requirement to fulfil.

## 8. Age

While most of our volunteers are aged 18 or over, we also offer projects specifically for participants 16 to 20 years old. Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation.

We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 70!

## 9. Conditions of Participation

In order to be fully aware of volunteers' and participants' responsibilities during the camps, please read carefully the following:

- Participants are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Your independence will be respected during the camp but the camp leader has the ultimate responsibility for you and your safety during our camp in Iceland thus they will have to sort out the problems if you get lost or injured. If you wish to do an activity independently of the group, you must discuss it with the camp leaders and they must be fully aware of your plans.
- Participants are expected to inform the camp leader in case they want to spend the free time away from the camp. However, they should not spend the night away, nor host other people at the camp.
- SEEDS camp leaders have been trained to run the camps; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Participants are expected to stay for the whole duration of the camp. If they MUST leave early or arrive late, they should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our camps and such cases will be strictly dealt with.
- Individuals participating in SEEDS camps acknowledge and agree that they are solely responsible for determining their ability, fitness and suitability to participate. If there are any physical problems or conditions that would impair volunteers' ability to participate in the camps, they should let SEEDS know in advance.
- SEEDS, or any third party that SEEDS works with, such as hosts and municipalities, is not

accountable for any damages, losses, injuries and liabilities. Participants agree not to file any claims.

- Participants in SEEDS projects hereby release, discharge, hold harmless and indemnify SEEDS, its affiliates and their respective members, employees, projects hosts and representatives from all damages, losses, injuries, liabilities, claims demands and causes of action for personal injury, death or damage to personal property.

We would like to remind you that SEEDS is **NOT an alternative travel agency**; our projects are not cheap holidays. Therefore we expect a high level of motivation from every participant, cooperation, flexibility and open-mindedness! Our camps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group, but be ready to contribute with your own ideas and personality.

## 10. Additional information

For more details and up to date information please visit us at [www.seeds.is](http://www.seeds.is)

Or contact us via email at: [contact@seeds.is](mailto:contact@seeds.is)

Or at our phone number: [+354 7713300](tel:+3547713300)

If you want to see pictures from our projects in the last years, please visit our website:

<http://www.seeds.is/galleries>

or our Instagram:

<https://www.instagram.com/seedsiceland/>

You can also follow SEEDS on Facebook at: <https://www.facebook.com/seedsiceland>



## SEEDS 001. Environment & Photography in the New Year

06.01 - 15.01

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on January 6 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 002. Environment & Photography - January

16.01 - 25.01

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on January 16 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 003. Environment & Photography - Winter lights

26.01 - 04.02

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on January 26 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 004. Environment & Photography - February

05.02 - 14.02

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on February 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 005. Environment & Photography - Winter in Reykjavík

15.02 - 24.02

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on February 15 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 006. Environment & Photography in Reykjavík

25.02 - 06.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on February 25 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



## SEEDS 007. Environment March & Photography in Reykjavik

07.03 - 16.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavik. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on March 7 at SEEDS' office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 008. Environment & Photography - March

17.03 - 26.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on March 17 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 009. Environment & Photography - Easter in Reykjavík

27.03 - 05.04

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on March 27 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 010. Environment & Photography - Spring in Reykjavik

06.04 - 15.04

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavik. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on April 6 at SEEDS' office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 011. Environment & Photography - Easter in Reykjavík

16.04 - 25.04

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

In this project SEEDS will organise a night photography (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 450 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the night photography workshop.

**The Meeting time will be at 18:00 (6:00 pm) on April 16 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle, Hot River hike and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 015. Alviðra - Awareness, Engagement & Action

16.04 - 25.04

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on April 16 at the SEEDS Office in Reykjavík.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 014. Environment & Photography - Spring

26.04 - 05.05

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

One of the two options below is also included in this camp as a hands-on volunteering activity day:

1. A day trip to the Hot River area, combined with a cleanup or work with an environmental project in the area, or
2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Hot River Hike or trip to the Reykjanes peninsula.

**The Meeting time will be at 18:00 (6:00 pm) on April 26 at SEEDS' office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 016. Alviðra - Awareness, Engagement & Action

26.04 - 05.05

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on April 26 at the SEEDS Office in Reykjavík.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 017. Environment & Photography - May

06.05 - 15.05

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

One of the two options below is also included in this camp as a hands-on volunteering activity day:

1. A day trip to the Hot River area, combined with a cleanup or work with an environmental project in the area, or
2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Hot River Hike or a trip to the Reykjanes peninsula.

**The Meeting time will be at 18:00 (6:00 pm) on May 6 at SEEDS' office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 018. Alviðra - Awareness, Engagement & Action

06.05 - 15.05

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on May 6 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

SEEDS 019. Island of Viðey (1/2)

13.05 - 22.05

ENVI / CONS / RENO

8 Volunteers

Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 19th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the summer season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the island without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in May can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

The camp takes place around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

**ACCOMMODATION:** SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Viðey or "Wood Island" is the largest (1.7 km<sup>2</sup>) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**Meeting time is 15:00 (3:00 pm) on May 13, at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.**

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as most of the activities take place outdoors.

## SEEDS 020. Environment & Photography - Summer

16.05 - 25.05

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

One of the two options below is also included in this camp as a hands-on volunteering activity day:

1. A day trip to the Hot River area, combined with a cleanup or work with an environmental project in the area, or
2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Hot River Hike or trip to the Reykjanes peninsula.

**The Meeting time will be at 18:00 (6:00 pm) on May 16 at SEEDS' office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 021. Alviðra - Awareness, Engagement & Action

16.05 - 25.05

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on May 16 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 023. Environment & Photography

26.05 - 04.06

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs, making videos or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a geothermal power plant, a local fauna and/or flora exhibition or an outdoor Icelandic culture museum. **Some of these activities are dependent on conditions such as weather, as well as availability or restrictions of our partner organisations.**

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

**Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.**

One of the two options below is also included in this camp as a hands-on volunteering activity day:

1. A day trip to the Hot River area, combined with a cleanup or work with an environmental project in the area, or
2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Hot River Hike or trip to the Reykjanes peninsula.

**The Meeting time will be at 18:00 (6:00 pm) on May 26 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.**

Some excursions (e.g. to the Golden Circle and/or South Shore) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

## SEEDS 024. Alviðra - Awareness, Engagement & Action

26.05 - 04.06

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on May 26 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 026. Photography & Fun in Reykjavik - June

05.06 - 13.06

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 550** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on June 5 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.



## SEEDS 027. Environmental Awareness & Action - Rvk

05.06 - 13.06

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavik, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavik. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on June 5 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

**SEEDS 028. Alviðra - Awareness, Engagement & Action****05.06 - 13.06****ENVI / STUD****6 - 8 Participants****Age: 18+**

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on June 5 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 030. Summer Solstice & Photography in Reykjavík

14.06 - 22.06

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS organises a series of International Photography projects and we started organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Participants sleep in shared rooms of up to 6 people. Bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) in the afternoon of June 14 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 031. Environmental Awareness & Action - Rvk

14.06 - 22.06

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on June 14 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

**SEEDS 032. Alviðra - Awareness, Engagement & Action****14.06 - 22.06****ENVI / STUD****6 - 8 Participants****Age: 18+**

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on June 14 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

SEEDS 034. Photography & Midnight Sun in Reykjavik

23.06 - 01.07

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS organises a series of International Photography projects and we started organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants stay in a house in Reykjavik. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Participants sleep in shared rooms of up to 6 people. Bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR €650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) in the afternoon of June 23 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 035. Environmental Awareness & Action - Rvk

23.06 - 01.07

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on June 23 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

**Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.**

## SEEDS 036. Alviðra - Awareness, Engagement & Action

23.06 - 01.07

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on June 23 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



## SEEDS 038. Photography & Fun in Reykjavík - Summer

02.07 - 10.07

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS organises a series of International Photography projects and we started organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Participants sleep in shared rooms of up to 6 people. Bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) in the afternoon of July 2 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 039. Environmental Awareness & Action - Rvk

02.07 - 10.07

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on July 2 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

SEEDS 042. Midnight Sun & Photography in Reykjavik

11.07 - 19.07

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavik. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavik is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavik is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavik/Reykjavik (KEF). Bus station: Central Reykjavik (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on July 11 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

## SEEDS 043. Environmental Awareness & Action - Rvk

11.07 - 19.07

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on July 11 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

**SEEDS 040. Alviðra - Awareness, Engagement & Action**

02.07 - 10.07

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on July 2 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 044. Alviðra - Awareness, Engagement & Action

11.07 - 19.07

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on July 11 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

SEEDS 046. July Photography & Fun in Reykjavík

20.07 - 28.07

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on July 20 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

## SEEDS 047. Environmental Awareness & Action - Rvk

20.07 - 28.07

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on July 20 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



## SEEDS 048. Alviðra - Awareness, Engagement & Action

20.07 - 28.07

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on July 20 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 050. Photography & Fun in Reykjavík - Summer

29.07 - 06.08

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on July 29 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

## SEEDS 051. Environmental Awareness & Action - Rvk

29.07 - 06.08

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on July 29 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 052. Alviðra - Awareness, Engagement & Action

29.07 - 06.08

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on July 29 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 054. Photography & Fun in Reykjavík - Pride

07.08 - 15.08

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on August 7 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

## SEEDS 055. Environmental Awareness & Action - Rvk

07.08 - 15.08

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on August 7 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 056. Alviðra - Awareness, Engagement & Action

07.08 - 15.08

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. **ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfssjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on August 7 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 058. Photography in Reykjavík - Culture Night

16.08 - 24.08

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on August 16 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them. Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.



## [SEEDS 059. Environmental Awareness & Action - Rvk](#)

16.08 - 24.08

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on August 16 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them. Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 060. Alviðra - Awareness, Engagement & Action

16.08 - 24.08

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on August 16 at the SEEDS Office in Reykjavík.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

SEEDS 061. Island of Viðey (2/2)

19.08 - 28.08

ENVI / CONS / RENO

8 Volunteers

Age: 18+

**WORK/PROJECT:** SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 19th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the winter season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the island without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in late August can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

Since most of the work will take place outdoors, it is recommended to bring warm and/or waterproof clothes (overcoats, scarves, gloves and hats) walking shoes/boots.

**ACCOMMODATION:** SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Viðey or "Wood Island" is the largest (1.7 km<sup>2</sup>) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**Meeting time is 15:00 (3:00 pm) on August 19 at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.**

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 425 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as most of the activities take place outdoors.

## SEEDS 062. Photography & Fun in Reykjavík - August

25.08 - 02.09

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on August 25 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

**SEEDS 063. Environmental Awareness & Action - Rvk****25.08 - 02.09****ENVI / STUD****8 - 12 Participants****Age: 18+**

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on August 25 at SEEDS Office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

## SEEDS 064. Alviðra - Awareness, Engagement & Action

25.08 - 02.09

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on August 25 at the SEEDS Office in Reykjavík.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 066. Photography & Fun in Reykjavík - September

03.09 - 11.09

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on September 9 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

SEEDS 067. Environmental Awareness & Action - Rvk

03.09 - 11.09

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence. This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel. Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on September 3 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



## SEEDS 068. Alviðra - Awareness, Engagement & Action

03.09 - 11.09

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR €400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on September 3 at the SEEDS Office in Reykjavik.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

## SEEDS 070. Photography & Fun in Reykjavik - Autumn

12.09 - 20.09

ARTS / STUD

8 - 12 Participants

Age: 16 - 20

**PROJECT:** This is the eighteenth year (since 2008) that SEEDS has organised a series of International Photography projects and we began organising these camps for teenagers in the year 2010. Throughout the year, participants from all over the world come to Iceland for an immersive photography-focused learning camp. SEEDS coordinators help participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, and creating conceptual frameworks that highlight each participant's individual style.

Participants will have time to put the theory about photography into practice, exploring the city. At the end of the camp, the best photographs from each participant will be selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods, and laptops, if possible. While learning about photography, the participants have the opportunity to explore Icelandic culture through active participation: capturing it, engaging with it, and showcasing their work throughout the camp. One of our goals is to empower young people to use photography to highlight environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

**This camp is open to participants aged 16 to 20.** During their stay, SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and Reykjanes Peninsula excursions.

**Note that this is a learning/sharing camp and not a regular workcamp; this project has a smaller volunteer work part and emphasises the personal learning process over the community impact.** We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

**ACCOMMODATION:** SEEDS participants will stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. As participants sleep in shared rooms with up to 6 people, everyone is expected to behave considerately. Please bring your own towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music or games from your country for the intercultural evening. Be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; **intermediate conversational skills are needed.**

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 650** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement. It includes food, accommodation, transportation from the meeting point to the camp (on the first day), the Golden Circle and Reykjanes excursions. We will visit spectacular waterfalls, geysers, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

**Meeting time will be 18:00 (6:00 pm) on September 12 at the SEEDS office. Participants that cannot arrive on time (later flights) will receive instructions on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am in the office to drop their bags/luggage and wait for the meeting time.**

Additional excursions (eg. Hot River Hike or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Be prepared for cold or rainy weather and bring warm and/or waterproof clothing.

SEEDS 071. Environmental Awareness & Action - Rvk

12.09 - 20.09

ENVI / STUD

8 - 12 Participants

Age: 18+

**PROJECT:** The Environmental Awareness & Action project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS collaborates with the Icelandic Ministry for Environment and Natural Resources, the City of Reykjavík, and several local stakeholders on a project to clean up the Icelandic coastline. Partners include the Blue Army, an organisation dedicated to the cause of coastal cleaning, SORPA, the waste collection & management entity in the capital area, and Whales of Iceland, an exhibit showcasing life-size models of whales and porpoises to educate the public about their lives and the impact of human activity on their existence. This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the above mentioned organisations or run solely by SEEDS. We also aim to involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and carry out their own trash cleaning projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. Volunteers can choose one of the two options below, included as hands-on volunteering activity in the camp:

1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash collection in the area, and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
2. A day trip to the Reykjanes Peninsula, combined with a coastal cleanup in the area.

Please note that all activities are subject to **weather conditions** and the availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking medium to long distances during the cleanups, and during other activities such as sightseeing. Since a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in a house in Reykjavík. The facilities are basic with an equipped kitchen, dining and living room, bathrooms, showers and a washing machine. Everyone is expected to show consideration for their companions. Accommodation is in **shared rooms**, with up to 6 people per room. Please bring your own towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, situated between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

**LANGUAGE:** English will be the language in the camp; basic conversational skills are needed.

**TERMINAL:** Closest International Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes food, accommodation, transport from the meeting point to the camp (on the first day), activities, and one trip combined with the trash collection (Hot River or Reykjanes).

**Meeting time will be 18:00 (6:00 pm) on September 12 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will receive instructions on how to reach the camp on their own. Those arriving earlier on the same day are welcome in the SEEDS office to drop off their luggage from 10:00 am.**

Additional excursions (eg. Golden Circle or the South Shore) can be arranged at discount fares depending on time availability, weather conditions, and the number of participants interested in joining them.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes

## SEEDS 072. Alviðra - Awareness, Engagement & Action

12.09 - 20.09

ENVI / STUD

6 - 8 Participants

Age: 18+

**PROJECT:** This camp is part of SEEDS' ongoing efforts to raise awareness, promote engagement in environmental issues and to support sustainability, organic and permaculture farming, social inclusion, education and hands-on actions in the field. Volunteers will gain insights into local and global challenges through non-formal educational activities such as hands-on work, visits, discussions, and workshops.

SEEDS volunteers have the opportunity to participate in different projects in collaboration with Landvernd (the Icelandic Environmental Organization), the EcoVillage at Sólheimar, the Icelandic Ministry for Environment and Natural Resources, Umhverfisstofnun (the Icelandic Environmental Agency) and Blái Herinn (the Blue Army).

SEEDS volunteers will take on a variety of activities, depending on weather conditions and the needs of our partners including working in the forestry section and vegetable greenhouses in the EcoVillage, as well as participating in a nationwide project to raise awareness of ocean pollution, plastic waste, and engage the group in hands-on cleanup efforts in the area, allowing volunteers to make a direct impact!

The camp is based at Alviðra, which offers a range of activities to connect people with nature, such as community gardens, wildlife workshops, school programs, and hikes. As part of the camp, volunteers help maintain the center through tasks like gardening, renovating the house and other projects such as removing old fences to protect wildlife, marking walking paths, and potentially do forestry work like trimming or planting trees.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should be prepared to share environmental issues from their home countries and be ready to spend time outdoors. Volunteers should be ready to adapt and be flexible with the work and free-time schedule. Depending on the weather, we may not be able to perform some of the activities as planned.

**ACCOMMODATION:** SEEDS volunteers stay in an old farm which has been transformed into an environmental education centre. The facilities are basic with an equipped kitchen, dining and living room, bathroom, shower and a washing machine. Volunteers sleep in **shared rooms**, with up to 6 people per room. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

**LOCATION:** The accommodation is located an hour drive south-east from Reykjavík. The house serves as an environmental-educational centre and sits under Ingólfsfjall, The Mountain of Ingólfur, with a view of Eyjafjallajökull where the volcanic eruptions began in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found throughout the area, which is a popular attraction among both foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away, with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

**LANGUAGE:** English will be the language in the camp; intermediate conversational skills are needed.

**TERMINAL:** Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

**EXTRAS / SPECIAL REMARKS:** Participation fee **EUR €400 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur. The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 30** one way or **EUR 60** for both ways.

**Meeting time is at 16:00 (4:00 pm) on September 12 at the SEEDS Office in Reykjavík.**

Additional excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares depending on time availability, weather conditions, and the number of volunteers interested.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.