

About SEEDS

SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through voluntary work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform and share with them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.



SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations both to develop projects in partnership, aimed at fulfilling an identified need, and to give vital assistance to established initiatives. Projects are designed to be mutually beneficial to all involved: the volunteers and participants, the local hosting communities and Iceland as a whole.

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary service
- International learning camps and exchanges
- Internships and lifelong learning programmes
- Awareness-raising initiatives and campaigns
- Seminars and training sessions
- Cultural, artistic and educational exhibitions

Our projects in Iceland are funded and supported by:

- Contributions from volunteers and participants in the projects
- The Erasmus+ Programme of the European Commission
- Engagement of our long-term volunteers and interns
- Additional non-financial contributions in kind from the local hosts of the projects

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance) and Service Civil International (SCI).



During 2019 we organised 95 different projects located in every corner of Iceland; we hosted nearly 1000 International volunteers from 47 different countries! During 2020, despite the pandemic, SEEDS managed to organise 39 camps (10 of which virtual) and we had a total of 472 participants from 42 different countries, whereas in 2021, 55 camps took place (plus 14 virtual camps) with 515 participants from 41 countries.

Volunteers performed different types of tasks. For instance, ecological research, removing invasive plant growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of buildings, monuments and artistic heritage. In cultural/festival/sports related projects, SEEDS came into action by helping in the organisation of the events and also by taking an active part in them. SEEDS also works to promote sustainable tourism in local communities, supporting the local economy and helping to keep small and remote towns alive.

SEEDS' Philosophy

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up intercultural understanding and encouraging peace, while working for an identified need within a community.

We enable our participants and volunteers to get to know Iceland from a different perspective, to meet the locals and have an insight into Icelandic culture, learn new skills, gain intercultural understanding, make new friends all over the world, and give something back to the environment.

Through our Environmentally Aware programme, SEEDS shares environmental messages with the international and local participants in our projects.

The rewards for the volunteers, participants, communities and ecosystems are massive, while interacting with local and foreign participants, they learn about various cultures, have the opportunity to build friendships, while they develop new skills working in challenging and unfamiliar surroundings.





For easy browsing and navigation, you can click the hyperlink of each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

* Camp types or themes:

AGRI (Agriculture)

CULT (Cultural)

FEST (Festival)

HERI (Heritage)

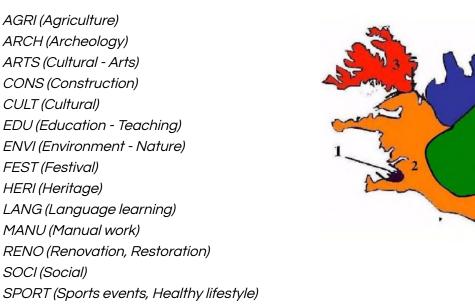
SOCI (Social)

VIRT (Virtual camp)

STUD (Study theme, Discussion, Research)

Location/Area on the map of Iceland:

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Code	Name/Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	Environment & Photography in the New Year	11.01 - 20.01	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 002.	Environment & Photography - Winter lights	25.01 - 03.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 003.	Environment & Photography - February	08.02 - 17.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 004.	Environment & Photography - Winter in Reykjavík	22.02 - 03.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 005.	Environment & Photography - March	08.03 - 17.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 006.	Environment March & Photography in Reykjavík	22.03 - 31.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 007.	Environment & Photography - Easter in Reykjavík	05.04 - 14.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 008.	Environment & Photography - April	19.04 - 28.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 010.	Hiking trails & Forestry - West Iceland	20.04 - 30.04	CONS / ENVI	12	18+	2
SEEDS 009.	<u>Environment & Photography - Spring in Reykjavík</u>	03.05 - 12.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 013.	<u>Island of Viðey (1/2)</u>	09.05 - 18.05	ENVI/CONS/RENO	8 - 12	18+	1
SEEDS 015.	Environment & Photography - May	16.05 - 25.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 017.	Environment & Photography - Summer	28.05 - 06.06	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 018.	Environmentally Aware & Trash Hunting	07.06 - 15.06	ENVI/STUD	8 - 12	18+	1



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SEEDS 019.	Photography & Midnight Sun in Reykjavík	07.06 - 15.06	ARTS/STUD	8 - 12	16 - 20	1
SEEDS 020.	Environmentally Aware & Trash Hunting	16.06 - 24.06	ENVI/STUD	8 - 12	18+	1
SEEDS 016.	Awareness, Engagement & Action! (1/9)	16.06 - 24.06	ENVI / STUD	6 - 8	18+	2
SEEDS 021	Summer Solstice & Photography in Reykjavík	16.06 - 24.06	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 022.	<u> Hitting the Slopes - Blue Mountains & Skálafell (1/2)</u>	18.06 - 28.06	CONS/ENVI/RENO	8 - 12	18+	2
SEEDS 024.	Environmentally Aware & Trash Hunting	16.06 - 24.06	ENVI/STUD	8 - 12	18+	1
SEEDS 025.	Midnight Sun & Photography in Reykjavík	25.06 - 03.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 023.	Awareness, Engagement & Action! (2/9)	25.06 - 03.07	ENVI / STUD	6 - 8	18+	2
SEEDS 026.	<u> Hitting the Slopes - Blue Mountains & Skálafell (2/2)</u>	28.06 - 09.07	CONS/ENVI/RENO	8 - 12	18+	2
SEEDS 027.	Caves and Canyons in the East of Iceland	03.07 - 16.07	ENVI / CONS	8	18+	6
SEEDS 028.	Environmentally Aware & Trash Hunting	04.07 - 12.07	ENVI/STUD	8 - 12	18+	1
SEEDS 029.	Photography in the Summer in Reykjavík	04.07 - 12.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 030.	Awareness, Engagement & Action! (3/9)	04.07 - 12.07	ENVI / STUD	6 - 8	18+	2
SEEDS 031.	<u>Between Glaciers & Lava (1/2)</u>	08.07 - 20.07	ARTS / CULT / CONS	8	18+	2
SEEDS 032.	Environmentally Aware & Trash Hunting	13.07 - 21.07	ENVI/STUD	8 - 12	18+	1
SEEDS 033.	July Photography in Reykjavík	13.07 - 21.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 034.	Awareness, Engagement & Action! (4/9)	13.07 - 21.07	ENVI/STUD	6 - 8	18+	2
SEEDS 038.	Environmentally Aware & Trash Hunting	22.07 - 30.07	ENVI/STUD	8 - 12	18+	1
SEEDS 039.	<u> Photo Marathon in the Summer - Reykjavík</u>	22.07 - 30.07	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 040.	Awareness, Engagement & Action! (5/9)	22.07 - 30.07	ENVI/STUD	6 - 8	18+	2
SEEDS 042.	Environmentally Aware & Trash Hunting	31.07 - 08.08	ENVI/STUD	8 - 12	18+	1
SEEDS 043.	<u>Summer Photography in Reykjavík</u>	31.07 - 08.08	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 044.	Awareness, Engagement & Action! (6/9)	31.07 - 08.08	ENVI/STUD	6 - 8	18+	2
SEEDS 035.	Reykjavík Pride	05.08 - 16.08	FEST	8 - 10	18+	1
SEEDS 036.	<u>Selárdalur in the Westfjords - Samúel Jónsson</u>	06.08 - 13.08	ENVI / ARTS / NATU	6	18+	3
SEEDS 045.	Awareness, Engagement & Action! (7/9)	09.08 - 17.08	ENVI/STUD	6 - 8	18+	2
SEEDS 046.	Environmentally Aware & Trash Hunting	09.08 - 17.08	ENVI/STUD	8 - 12	18+	1
SEEDS 047.	August Photography in Reykjavík	09.08 - 17.08	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 048.	Hiking trails & Forestry - West Iceland	13.08 - 26.08	CONS / ENVI	12	18+	2
SEEDS 053.	<u>Between Glaciers & Lava (2/2)</u>	14.08 - 26.08	ARTS / CULT / CONS	8	18+	2
SEEDS 049.	Awareness, Engagement & Action! (8/9)	18.08 - 26.08	ENVI/STUD	6 - 8	18+	2
SEEDS 050.	Environmentally Aware & Trash Hunting	18.08 - 26.08	ENVI/STUD	8 - 12	18+	1



Code	Name/Location	Dates	Type*	Vols.	Age	Area
SEEDS 071.	Environment & Photography - New Years'	27.12 - 05.01	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 070.	<u>Environment & Photography - Christmas</u>	14.12 - 23.12	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 069.	Environment & Photography - Advent	04.12 - 13.12	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 068.	Environment & Photography - Winter	24.11 - 03.12	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 067.	Environment & Photography - November	14.11 - 23.11	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 066.	Environment & Photography - Art	04.11 - 13.11	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 065.	Environment & Photography - Airwaves	25.10 - 03.11	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 064.	Environment & Photography - October	15.10 - 24.10	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 063.	Environment & Photography - Imagine Peace	05.10 - 14.10	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 062.	Environment & Photography - Film	25.09 - 04.10	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 061.	Environment & Photography - Autumn	15.09 - 24.09	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 060.	Environment & Photography - September	05.09 - 14.09	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 059.	Forestry in the Far East of Iceland	02.09 - 17.09	ENVI / CONS	6	18+	6
SEEDS 057.	Photography & Fun in Reykjavík	27.08 - 04.09	ARTS / STUD	8 - 12	16 - 20	1
SEEDS 056.	Environmentally Aware & Trash Hunting	27.08 - 04.09	ENVI/STUD	8 - 12	18+	1
SEEDS 055.	Awareness, Engagement & Action! (9/9)	27.08 - 04.09	ENVI/STUD	6 - 8	18+	2
SEEDS 052.	Island of Viðey (2/2)	22.08 - 31.08	ENVI/CONS/RENO	8 - 12	18+	1
SEEDS 054.	Forestry & tree planting in the North	18.08 - 26.08	ENVI/CONS / MANU	5	18 - 99	4
SEEDS 051.	Photography & Culture Night in Reykjavík	18.08 - 26.08	ARTS / STUD	8 - 12	16 - 20	1

Practical information about our projects:

1. Participation Fees

Participation fees are required in order to take part in our camps. These help to support the ongoing work of SEEDS. Please be aware that your entire fee might not necessarily go towards your particular camp and can instead be used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipment, supplies, banking costs, legal formalities, etc.
- Provide financial support and resources to aid the development of some of our other activities, to pay for food or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions in the camps.
- Cover other costs associated with your camp, e.g. food, accommodation, transportation, and administrative costs
- Support the costs of the long-term volunteers and project coordinators.

SEEDS works with partner sending organisations in many countries around the world and most of



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them raise funds by sending volunteers abroad and charging outgoing volunteers a registration fee. However, in Iceland we face a particular challenge for two reasons: voluntary service is not very popular among Icelanders yet, and the Icelandic population is very small, so the number of volunteers sent by SEEDS overseas does not represent sufficient income to run our association.

Furthermore, SEEDS does not receive any regular government funding, or financial support from our local, regional or national authorities or government. Thanks to the fees contributed by our participants we are able to run the association and to offer the program of varied projects all year round.

The amount of the fees will be stated in each camp's description. The fees we charge are different depending on the season of the year and the demand for particular projects; during the summer they are higher as we have a greater demand for this short period and it is the time when SEEDS raises most of its income to sustain the association for the whole year.

SEEDS is a non-profit organisation; all funds go back into improving the quality and service we provide to our participants, volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

2. <u>Insurance</u>

Volunteers and participants in our camps need to obtain health and accident insurance for the whole duration of their travel, prior to their arrival to Iceland and bring with them all necessary documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC). Iceland is part of the European Economic Area (EEA), so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit from the use of the EHIC here, having access to the Icelandic healthcare system as in any European country with the same conditions as Icelandic citizens and will be treated on the same basis as residents of Iceland.

Volunteers residing outside the EEA must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this be obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

3. <u>Travel to Iceland</u>

We suggest our volunteers research travelling with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are currently 5 airlines flying to Keflavík (Reykjavík) International Airport all year round (though please be advised that due to the pandemic crisis, the situation may change):

- 1. Icelandair: <u>www.icelandair.net</u>
- 2. Wizzair: www.wizzair.com
- 3. Lufthansa: <u>www.lufthansa.com</u>
- 4. Air Baltic: <u>www.airbaltic.com</u>
- 5. Air Greenland: <u>www.airgreenland.com</u>

To check the **map routes** and destinations for **Icelandair**, please see the <u>Icelandair route map</u>. **Wizz Air** often has cheap flights from more destinations around Europe.

Apart from these 5 airlines, there will be a few others flying to Iceland:

- a. Air Iceland Connect: <u>www.airicelandconnect.com</u>
- b. American Airlines: <u>www.aa.com</u>



- c. Atlantic Airways: <u>www.atlantic.fo</u>
- d. Austrian Airlines: <u>www.austrian.com</u>
- e. British Airways: www.ba.com
- f. Czech Airlines: <u>www.csa.cz</u>
- g. Delta Airlines: <u>www.delta.com</u>
- h. EasyJet: www.easyjet.com
- i. Finnair: <u>www.finnair.com</u>
- j. Jet2: <u>www.jet2.com</u>
- k. KLM: <u>www.klm.com</u>
- I. Norwegian: <u>www.norwegian.no</u>
- m. Scandinavian Airlines (SAS): www.scandinavian.net www.flysas.com www.flysas.is
- n. Smartwings: <u>www.smartwings.com</u>
- o. ThomsonFly: <u>www.edreams.com</u>
- p. Transavia France: <u>www.transavia.com</u>
- q. Vueling: www.vueling.com

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.netwww.dohop.comwww.edreams.comwww.ebookers.comwww.opodo.comwww.kayak.comwww.kiwi.com

Lastly, for when volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops at the Faroe Islands on the way. (<u>http://www.smyrilline.com/</u>)

4. Arrival and Departure dates (Pandemic times)

Due to the COVID-19 pandemic, travel restrictions have affected travelling to Iceland too. Volunteers coming to join our camps need to be aware of everything that needs to be taken into account when planning a trip to Iceland under these circumstances.

Because the situation is subject to frequent change, we have compiled a document with all the relevant information that will be updated regularly. Please find the document under the following link. (When opening the document at a later time, please make sure to refresh your browser's cache, so that it will show you the latest version.)

https://seeds.is/files/2020/SEEDS Iceland Travel Information COVID.pdf

5. Arrival and Departure dates (Regular times)

Volunteers participating in our projects taking place **outside Reykjavík should arrive to Iceland the latest one day before the camp starts**, as travel to the project, if arranged by SEEDS (see point 6 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to travel by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return journey** the day the camp ends, but **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

Participants in our camps in Reykjavík do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of their arrival.

Looking at our previous experience with volunteers, you could consider staying longer in Iceland;



either before and/or after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

6. Domestic transport - Minibus

SEEDS organises shared transport from Reykjavík to the projects' sites for all of the camps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The minibus option is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow participants and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop wherever possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

7. SEEDS' Accommodation in Reykjavik

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

8. Language

Knowledge of Icelandic is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge of English is expected from participants, even though it is not a requirement to fulfill.

9. <u>Age</u>

While most of our volunteers are aged 18 or over, we also offer projects specifically for participants 16 to 20 years old. Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation.

We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 70!

10. Conditions of Participation

In order to be fully aware of volunteers' and participants' responsibilities during the camps, please read carefully the following:

- Participants are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Your independence will be respected during the camp but the camp leader has the ultimate responsibility for you and your safety during our camp in Iceland thus they will have to sort out the problems if you get lost or injured. If you wish to do an activity independently of the group, you must discuss it with the camp leaders and they must be fully aware of your plans.
- Participants are expected to inform the camp leader in case they want to spend the free time away from the camp. However, they should not spend the night away, nor host other people at the camp.
- SEEDS camp leaders have been trained to run the camps; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp



leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.

- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Participants are expected to stay for the whole duration of the camp. If they MUST leave early or arrive late, they should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our camps and such cases will be strictly dealt with.
- Individuals participating in SEEDS camps acknowledge and agree that they are solely
 responsible for determining their ability, fitness and suitability to participate. If there are any
 physical problems or conditions that would impair volunteers' ability to participate in the
 camps, they should let SEEDS know in advance.
- SEEDS, or any third party that SEEDS works with, such as hosts and municipalities, is not accountable for any damages, losses, injuries and liabilities. Participants agree not to file any claims.
- Participants in SEEDS projects hereby release, discharge, hold harmless and indemnify SEEDS, its affiliates and their respective members, employees, projects hosts and representatives from all damages, losses, injuries, liabilities, claims demands and causes of action for personal injury, death or damage to personal property.

We would like to remind you that SEEDS is **NOT an alternative travel agency;** our projects are not cheap holidays. Therefore we expect a high level of motivation from every participant, cooperation, flexibility and open-mindedness! Our camps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group, but be ready to contribute with your own ideas and personality.

11. Additional information

For more details and up to date information please visit us at <u>www.seeds.is</u>

Or contact us via email at: <u>contact@seeds.is</u>

Or at our phone number: <u>+354 7713300</u>

If you want to see pictures from our projects in the last years, please visit our website:

http://www.seeds.is/galleries

or our Instagram:

https://www.instagram.com/seedsiceland/

You can also follow SEEDS on Facebook at:

https://www.facebook.com/seedsiceland



SEEDS 001. Environment & Photography in the New Year 11.01 - 20.01 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on January 11 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 002. Environment & Photography - Winter lights 25.01 - 03.02 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on January 25 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 003. Environment & Photography - February 08.02 - 17.02 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on February 8 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



<u>SEEDS 004. Environment & Photography - Winter in Reykjavík</u> 22.02 - 03.03 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on February 22 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 005. Environment & Photography - March 08.03 - 17.03 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on March 8 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 006. Environment March & Photography in Reykjavík 22.03 - 31.03 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on March 22 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



<u>SEEDS 007. Environment & Photography - Easter in Reykjavík</u> 05.04 - 14.04 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on April 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 008. Environment & Photography - April 19.04 - 28.04 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on April 19 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



<u>SEEDS 009. Environment & Photography - Spring in Reykjavík</u> 03.05 - 12.05 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on May 3 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 010. Hiking trails & Forestry - West Iceland

20.04 - 30.04 CONS / ENVI 12 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in a beautiful forest located in the countryside district of Borgarbyggð, West Iceland, doing nature-conservation and environment-oriented tasks. SEEDS has been cooperating with the Icelandic Forest Service and our groups of volunteers have been helping out for more than 15 years in different locations all around the country; with very good results for the participants, the projects and the Icelandic nature conservation and reforestation efforts.

The main tasks will be to maintain hiking paths, build stairs, make and put up signs. Volunteers will also put up benches and tables in the forest. Other tasks will be to trim branches and beautify groves that are located near hiking paths. Well maintained paths enable people to visit these amazing areas without damaging the surroundings and in addition our volunteers' work helps to improve safety for visitors.

No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

Weather is unpredictable and it can be cold and/or rainy, be prepared to experience all kinds of weather. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats), as most of the tasks and activities take place outside.

ACCOMMODATION: SEEDS volunteers will sleep in beds in a house belonging to the Icelandic Forest Service. The house is fully equipped. Please bring your own sleeping bag. There is no WiFi in the house.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The project will take place in the West of Iceland countryside; in a district called Borgarbyggð, in a unique natural environment with breathtaking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather there is often better than in the surroundings.

The area's landscape, nature and culture reflect this heritage and bring history to life. There are many possibilities for outdoor recreation in a true natural paradise. The area is home to the most powerful hot spring in Europe, Deildartunguhver. Among the natural wonders nearby are the Hraunfossar and Barnafoss waterfalls, where water pours out of a lava field over a length of 1 km.

Additionally, the Hallmundarhraun lava field is among the deepest and best known in Iceland. Langjökull (Long Glacier), the second largest glacier in Iceland, expands over 950 km² and its highest point is 1355 m.

In addition to natural wonders this area is also famous for being one of the first settled locations in Iceland and featured in some of the oldest Icelandic sagas. Historically, its natural warmth made the location an early settlement adding even more depth to its incredible saga and Viking tales that surround the place. The region can be regarded as the setting for most of the Icelandic sagas.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL & TRANSPORT: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS offers the minibus option, a shared transport from Reykjavík to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip.

Meeting point at SEEDS' office at 11:00 am on April 20. Return to Reykjavík in the afternoon of April 30. The minibus to this camp will cost EUR 35 each way, about 20% cheaper than public transport.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 200** (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. The participation fee does not include the transportation from Reykjavík to the camp and back, which will cost **EUR 35** (Euros) one way or **EUR 70** (Euros) both ways.

This work camp takes place in a very remote place, located in a natural area of extreme beauty. Outdoor free-time activities, for instance hikes or walks in the surroundings, will be arranged for SEEDS volunteers.

The project takes place outside and it can get cold and rainy. We recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good working and walking shoes.



SEEDS 015. Environment and Photography - May

16.05 - 25.05 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on May 16 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes and good walking shoes, as some of the activities take place outdoors.



SEEDS 017. Environment & Photography - Summer

28.05 - 06.06 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather and availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on May 28 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes and good walking shoes, as some of the activities take place outdoors.



WORK/PROJECT: SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 17th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the summer season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the area without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in May can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

The camp takes place around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Viðey or "Wood Island" is the largest (1.7 km²) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

Meeting time is 15:00 (3:00 pm) on May 9, at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.



SEEDS 018. Environmentally Aware & Trash Hunting 07.06 - 15.06 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on June 7th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.



SEEDS 019. Photography & Midnight Sun in Reykjavík

07.06 - 15.06 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 500** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of June 7 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 020. Environmentally Aware & Trash Hunting

16.06 - 24.06 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on June 16 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.



SEEDS 016. Awareness, Engagement & Action! (1/9)

16.06 - 24.06 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on June 16 at SEEDS Office in Reykjavík.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



16.06 - 24.06 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian**. Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 500** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of June 16 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 022. Hitting the Slopes - Blue Mountains & Skálafell (1/2)</u> 18.06 - 28.06 CONS / ENVI / RENO

8 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will again be working with the Reykjavík municipality in two of the main outdoors skiing and recreational areas in the capital region, Bláfjöll (or the Blue Mountains) and Skálafell.

In Skálafell the ski slopes are turned into a bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Other possible tasks may be related to general cleaning of the area.

In the Blue Mountains, the main tasks will be maintaining the slopes and preparing them for the next ski season. The municipality and several sports associations run lodges and mountain huts there and they may also need some renovation jobs, such as painting and/or cleaning.

The working plan is flexible and it will depend on the needs of our local hosts. No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoor work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as, depending on the weather, we may not be able to perform some of the tasks or activities planned. The landscape is raw and volunteers need to be motivated to work outdoors and to experience isolated mountain areas.

The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a shared dormitory. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The skiing areas of Bláfjöll and Skálafell are both about 30 minutes driving away from the city. The Blue Mountains are south-west of Reykjavík and Skálafell is located to the east of the city. Both areas have great slopes for downhill skiing and snowboarding as well as tracks for cross-country skiing. Bláfjöll has 16 lifts and Skálafell has 4 lifts. The sports area in Skálafell is situated at an elevation between 380 and 700 m.

The Blue Mountain range is situated near the ring road and stretches from the capital area to the south-western lowlands. The highest mountain in the range reaches 600 m and in 1968 the district became a very popular skiing resort among Icelanders. The areas are excellent for recreation, not only for alpine and cross country skiing, but for other outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but it's important to be careful crossing the rugged lava fields because of the numerous caves underneath.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300** (Euros). The fee can either be transferred in advance via bank transfer, or paid for on arrival. The fee includes the transport from Reykjavík to the campsite and back (on the first and last day of the camp).

Meeting and departure time to the camp will be 16:00 (4 pm) on June 18 from the meeting point at SEEDS' office in Reykjavík. After the camp we will return to Reykjavík in the afternoon of June 28.

Volunteers shall be prepared for physical outdoors work and should bring good working shoes and clothes. In the mountains, the weather can change quickly and drastically. Even if it is summer, the weather can be cold or rainy. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.

The locations of the camp are remote and isolated, even though still close to the city. Free-time activities in the surroundings are mostly hiking and trekking.

Some excursions (Golden Circle, South Shore, Hot River Hike, Vesturland Trip or Snaefellsnes) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.



SEEDS 024. Environmentally Aware & Trash Hunting 25.06 - 03.07 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on June 25 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



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SEEDS 025. Midnight Sun & Photography in Reykjavík 25.06 - 03.07

ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 550** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of June 25 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 023. Awareness, Engagement & Action! (2/9) 25.06 - 03.07 ENVI / STUD 6 - 8 Participants

6 - 8 Participan Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on June 25 at SEEDS Office in Reykjavík.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



<u>SEEDS 026. Hitting the Slopes - Blue Mountains & Skálafell (2/2)</u> 28.06 - 09.07 CONS / ENVI / RENO 8 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will again be working with the Reykjavík municipality in two of the main outdoors skiing and recreational areas in the capital region, Bláfjöll (or the Blue Mountains) and Skálafell.

In Skálafell the ski slopes are turned into a bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Other possible tasks may be related to general cleaning of the area.

In the Blue Mountains, the main tasks will be maintaining the slopes and preparing them for the next ski season. The municipality and several sports associations run lodges and mountain huts there and they may also need some renovation jobs, such as painting and/or cleaning.

The working plan is flexible and it will depend on the needs of our local hosts. No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoor work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as, depending on the weather, we may not be able to perform some of the tasks or activities planned. The landscape is raw and volunteers need to be motivated to work outdoors and to experience isolated mountain areas.

The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a shared dormitory. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The skiing areas of Bláfjöll and Skálafell are both about 30 minutes driving away from the city. The Blue Mountains are south-west of Reykjavík and Skálafell is located to the east of the city. Both areas have great slopes for downhill skiing and snowboarding as well as tracks for cross-country skiing. Bláfjöll has 16 lifts and Skálafell has 4 lifts. The sports area in Skálafell is situated at an elevation between 380 and 700 m.

The Blue Mountain range is situated near the ring road and stretches from the capital area to the south-western lowlands. The highest mountain in the range reaches 600 m and in 1968 the district became a very popular skiing resort among Icelanders. The areas are excellent for recreation, not only for alpine and cross country skiing, but for other outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but it's important to be careful crossing the rugged lava fields because of the numerous caves underneath.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300** (Euros). The fee can either be transferred in advance via bank transfer, or paid for on arrival. The fee includes the transport from Reykjavík to the campsite and back (on the first and last day of the camp).

Meeting and departure time to the camp will be 16:00 (4 pm) on June 28 from the meeting point at SEEDS' office in Reykjavík. After the camp we will return to Reykjavík in the afternoon of July 9.

Volunteers shall be prepared for physical outdoors work and should bring good working shoes and clothes. In the mountains, the weather can change quickly and drastically. Even if it is summer, the weather can be cold or rainy. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.

The locations of the camp are remote and isolated, even though still close to the city. Free-time activities in the surroundings are mostly hiking and trekking.

Some excursions (Golden Circle, South Shore, Hot River Hike, Vesturland Trip or Snaefellsnes) can be arranged



at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.



<u>SEEDS 027. Caves and Canyons in the East of Iceland</u> 03.07 - 16.07 ENVI / CONS 8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will work again in the municipality of Fljótsdalshérað in various environmental projects around the region. The volunteers will help:

- rebuilding an old rock wall and garden, collecting large stones and adding to the wall;
- cleaning caves at Magnahellir and maintaining paths at the beautiful canyon of Dimmugljúfur;
- clean the area around Laugavellir which is an impressive geothermal area with a natural pool;
- coastal cleanups in the area of Stapavík;
- clean up and collect trash on the banks of the Jökulsá river;
- planting trees if the seedlings will be available at the time

In this project SEEDS volunteers will be mostly doing construction, working with stones, repairing or marking off hiking trails and walking paths in one of the best hiking areas in Iceland. Some of the trails and paths are located in an isolated area of mountains and fjords. The working area of Hjarðarhagi, Magnahellir and Laugavellir is within driving distance from Egilsstaðir which is the largest city/town in the East of the country.

Well maintained paths enable people to visit these amazing areas without damaging them and this important work also helps to improve safety for visitors. Additional tasks may be cleaning or beautifying the area, like hand-picking garbage or collecting trash blown by the wind or brought by some visitors.

The working day normally runs from 09:00 to 17:00 with breaks for lunch and coffee. No previous experience is necessary but the work is demanding and might require a good physical condition; it can at times be repetitive but always rewarding. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned. The working plan will depend on the needs of our local host, the advance of the diverse projects in the area and of course on the weather conditions.

Volunteers need to be motivated to work outdoors on physical jobs and under changeable weather. Bring warm winter clothes, under-layers, waterproofs, walking shoes/boots, a good sleeping bag, hat, scarves and gloves.

ACCOMMODATION: SEEDS volunteers will be hosted in a local farm house in the municipality, away from the town. Volunteers will sleep on mattresses in shared rooms. Please bring your own sleeping bag. The facilities are basic with a kitchen, shower and a washing machine. Volunteers will share the duties of preparing food, cooking meals and cleaning. Everyone is expected to show consideration for their companions.

Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening, some items or ingredients may be expensive here and you will need to buy them yourselves or bring them from your country. Remember to bring swim gear to bathe in the natural hot spring.

LOCATION: The project is in the municipality of Fljótsdalshérað, East of Iceland in a beautiful area surrounded by magnificent mountains, picturesque fjords and the sea. There are innumerable walking trails through the magnificent landscape of this area, whether over mountain passes, through valleys, or along the seashore.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL & TRANSPORT: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS organises a "minibus option", a shared transport from Reykjavík & back. Apart from being cheaper and more convenient, it allows participants to meet and have a relaxed trip, while stopping on the way for interesting sites. The SEEDS minibus will travel one way along the Northern part of the country and the other way along the South coast of Iceland. In this way we will **travel the whole ring road** and stop at magnificent natural sights, including waterfalls, glaciers, volcanic craters, hot springs, iceberg lagoons, black sand beaches, etc.

Departure will be at 7:00 am of July 3 from the SEEDS office. Return to Reykjavík in the late evening of July 16.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). The fee can either be transferred in advance via bank transfer, or paid for on arrival. The participation fee does not include the transportation from Reykjavík to the camp and back, which will cost **EUR 80** (Euros) one way or **EUR 160** (Euros) both ways.

This camp is in a remote place of extreme beauty. Outdoor activities, for instance hikes or the opportunity to bathe (and work) in the natural hot springs at Laugarvalladalur will be arranged for SEEDS volunteers.



SEEDS 028. Environmentally Aware & Trash Hunting 04.07 - 12.07 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on July 4th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



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SEEDS 029. Photography in the Summer in Reykjavík

04.07 - 12.07 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of July 4 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 030. Awareness, Engagement & Action! (3/9) 04.07 - 12.07 ENVI / STUD

6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on July 4 at SEEDS Office in Reykjavík.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



SEEDS 031. Between Glaciers & Lava (1/2) 08.07 - 20.07 ARTS / CULT / CONS 8 Volunteers Age: 18+

WORK / PROJECT: SEEDS volunteers will again have the opportunity to contribute to this special art and culture project in the west of Iceland. Since 2000, our hosts have been creating and developing an art residency camp, outdoors and indoors art exhibitions and a chapel for all types of religions which are open to the public.

The residency grew around an old abandoned farm which has been in the process of transformation for the last 20 years. The residency supports various art and culture activities, especially for young artists, as well as scientific research. Since the start of the project there have been thousands of visitors and plans exist to expand the residency with several more houses that will be built using stone, turf and driftwood from the region.

The art residency is home to the artworks of Páll Guðmundsson, a famous local artist known for his use of stone as an art medium. Páll's art comes in forms of stone statues, paintings on stone surfaces and even a musical instrument made of stone. His inspiration comes from Icelandic nature and traditional culture.

SEEDS volunteers will help with various tasks, such as maintenance work in the artwork garden; some of the group may help with painting the artist's workshop and some work in and around the chapel. Depending on the projects' needs we may also help in maintaining a walking path from the sculpture garden towards a small canyon where some outdoor artwork can be found and help with setting up and moving the artwork, taking down old fences, hand-picking trash and generally beautifying the surroundings.

The working day normally runs from 9:00 am to 17:00 (5:00 pm), with breaks for lunch and coffee. **No previous** experience is necessary but the work is demanding and requires a good physical condition; it can at times be repetitive but always rewarding. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned. The working plan will depend on the needs of our local host, the progress of the diverse projects in the area and of course on the weather conditions.

Volunteers need to be motivated to work outdoors on physical jobs and in changeable weather. Bring warm winter clothes, under layers, waterproofs, walking shoes/boots, a good sleeping bag, hat, scarves and gloves.

ACCOMMODATION: SEEDS volunteers will stay in a local house; sleeping in shared rooms on mattresses in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food ingredients and will be in charge of cooking and cleaning. Remember to bring some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The project takes place in the western part of Iceland, in a unique natural environment with breathtaking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather there is often better than in the surroundings. Among the natural wonders nearby are the Hraunfossar waterfalls, where water pours out of a lava field over a length of 1 km.

Additionally, the Hallmundarhraun lava field is among the deepest and best known in Iceland. Langjökull (Long Glacier), the second largest glacier in Iceland, expands over 950 km² and its highest point is 1355 m above sea level. In addition to natural wonders this area is also famous for being one of the first settled locations in Iceland and featured in some of the oldest Icelandic sagas.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: BSÍ Reykjavík.

SEEDS offers the minibus option, a shared transportation from the SEEDS office, in Reykjavík, to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip, while stopping on the way for interesting sites.

Meeting point at 14:00 (2:00 pm) on July 8 from SEEDS office. Return to Reykjavík in the evening of July 20.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). Please note that the fee can either be transferred in advance via bank transfer, or paid for on arrival. The participation fee **does not include** the transportation from Reykjavík to the camp and back, which will cost **EUR 35** one way or **EUR 70** both ways.

This work camp takes place in a remote region, in a natural area of extreme beauty. Our hosts will organise some free-time activities, for instance hikes or visits to the beautiful surroundings. Other excursions (e.g. Golden Circle or Snæfellsnes Peninsula) can be organised at discount fares for SEEDS volunteers.



SEEDS 032. Environmentally Aware & Trash Hunting 13.07 - 21.07

ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on July 13th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.



PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of July 13 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



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SEEDS 034. Awareness, Engagement & Action! (4/9) 13.07 - 21.07 ENVI / STUD 6 - 8 Participants

Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 350 (Euros). The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on July 13 at SEEDS Office in Reykjavik.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



SEEDS 038. Environmentally Aware & Trash Hunting 22.07 - 30.07 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on July 22th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



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<u>SEEDS 039. Photo Marathon in the Summer - Reykjavík</u> 22.07 - 30.07 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of July 22 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 040. Awareness, Engagement & Action! (5/9)</u> 22.07 - 30.07 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 25** one way or **EUR 50** both ways. **Meeting time will be 14:00 (2:00 pm) on July 22 at SEEDS Office in Reykjavik.**

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



SEEDS 042. Environmentally Aware & Trash Hunting 31.07 - 08.08 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on July 31st at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.



SEEDS 043. Summer Photography in Reykjavík

31.07 - 08.08 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of July 31 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 044. Awareness, Engagement & Action! (6/9)

31.07 - 08.08 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on July 31 at SEEDS Office in Reykjavik.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



SEEDS 035. Reykjavík Pride

05.08 - 16.08 FEST 8 - 10 Participants Age: 18+

PROJECT: SEEDS volunteers in this camp will assist the organisers of the Reykjavík Pride festivities. The Reykjavík Pride has been an annual event in Reykjavík since 1999 but the first Reykjavík Pride Parade took place in August 2000. However, its history goes back to 1993 when Icelandic gays and lesbians first gathered in the city center of Reykjavík, demanding freedom and human rights. The protest was repeated in 1994.

That little pride, originally visited by some fifteen hundred onlookers, has blossomed and evolved into almost a week-long, colorful celebration that attracts over 100 thousand guests from all over the world. Reykjavik Pride is, in fact, the biggest annual event in Iceland and has sometimes been called "the world's biggest small Pride!"

Reykjavik Pride is organized and held by the not-for-profit organization Hinsegin dagar í Reykjavík – Reykjavík Pride. Any profit or surplus funds the organization raises are used to improve the events and support the LGBT+ communities.

The main tasks of SEEDS volunteers will be to support the pride store & café, support the selling of tickets, setting up stages for concerts or shows, giving information and guidance and doing some logistics related tasks. The group can be split up for different tasks/projects, but it will never be less than two working together.

During the festival, the volunteers will work with a diverse crowd of LGBTQIA+ people with various sexual orientations and gender expressions. Volunteers will be expected to show their utmost respect in all their interactions and no form of homophobia, transphobia or other discrimination will be tolerated. Volunteers will receive awareness training at the beginning of their workcamp."

Volunteers should be prepared for working a flexible time schedule and also within teams. In most cases, not all volunteers will have the same time off, as the festival will always need a team to support the events.

This camp combines hands-on work, sharing and having fun. No previous experience is needed. Volunteers should be ready to spend some time outdoors, walk medium distances during activities and to the accommodation. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, which is located about 4 kilometres from the centre of the city. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. **Please bring your own sleeping bag and towel.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources such as geothermal power. About two thirds of the population of Iceland live in Reykjavík including the metropolitan area; over 200,000 people.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. Visitors easily experience the pure energy at the heart of Iceland's capital, whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 350 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival.

Meeting time will be 18:00 (6:00 pm) on August 5 at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. Hot River, Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp activities or during days off.



SEEDS 036. Selárdalur in the Westfjords - Samúel Jónsson

06.08 - 13.08 ENVI / ARTS / NATU 6 Volunteers Age: 18+

WORK/PROJECT: SEEDS Volunteers will be working for the eighth year helping and supporting the restoration of the artworks of Samúel Jónsson, an Icelandic folk artist, who lived in Selárdalur. During his years of artistic production he produced unique concrete statues using sand from a local beach. Sadly, Jónsson passed away in 1969, leaving his creations without a caretaker. The land and the statues looked like they were simply going to be abandoned to nature in the out-of-the-way valley. However independent and government organisations have worked together with the support of SEEDS volunteers to preserve the site, which still remains for any visitors who would like to see the world through one Icelandic farmer's eyes.

This year, SEEDS volunteers will be mostly working on different walking paths and trails in the area, in Brautarholt/Samúel Jónsson Museum and Uppsalir/the house of Gísli O. Gíslason, a museum in preparation.

The association for the renovation of Samúel Jónsson's art museum in Selárdalur has been working on the restoration of Samúel's statues and buildings for some years. SEEDS volunteers will be working hand in hand with a well known sculpture artist; who has dedicated several years to this project.

ACCOMMODATION: The volunteers will be hosted in a local house, in sleeping bag accommodation with mattresses on the floor. Please bring your own sleeping bag.

Food supplies will be provided and a kitchen will be available, volunteers will share the different duties of cooking and cleaning. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: This camp is located in Selárdalur on the west side of Arnarfjörður, in the Westfjords, which are among the most breathtakingly beautiful places in Iceland, with its high mountains and dramatic fjords cutting deep into the landscape. The Lonely Planet put the area on its top 10 list of regions in the world to visit in 2011.

Jónsson constructed at his farm in Selárdalur a folk art environment that consists of a sculpture garden and two built structures: a chapel and a museum with his paintings and other small works. The story related with the chapel says that Jónsson had made an altarpiece, he wanted to donate to the local church, an offer that was rejected however. So to provide a place for the artwork, Jónsson constructed his own chapel!

Samúel Jónsson could first fully devote himself to creative activities after his retirement as a farmer and then he began building palaces and sculptures. Samúel built a grotesque but charming resemblance to the lion's fountain in the Alhambra-palace in Granada, Spain, and sculptures of seals and other animals as figures from Icelandic history like Leif the lucky who found America.

The distance from Reykjavik to Selárdalur is about 500 km (8-9 hours drive) via the Whale Bay tunnel; it is perhaps one of Iceland's most remote areas and a very peaceful and beautiful place to enjoy.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

SEEDS offers the minibus option, a shared transportation from the SEEDS office, in Reykjavík, to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip, while stopping on the way for interesting sites.

Departure from Reykjavík will be at 7:00 am in the morning of August 6 from the SEEDS office. After the camp, we will arrive back to Reykjavík in the late evening of August 13.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). Please note that the fee can either be transferred in advance via bank transfer, or paid for on arrival. The participation fee **does not include** the transportation from Reykjavík to the camp and back, which will cost **EUR 50** one way or **EUR 100** both ways.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

Volunteers need to be prepared for physical work, to experience all kinds of weather and bring warm clothes as the project takes place outside and the weather can be cold. SEEDS and/or our hosting partner will organise



free time activities in the area. This will include sightseeing, hiking, swimming in natural hot pots, etc.

<u>SEEDS 045. Awareness, Engagement & Action! (7/9)</u> 09.08 - 17.08 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs EUR 25 one way or EUR 50 both ways. Meeting time will be 14:00 (2:00 pm) on August 9 at SEEDS Office in Reykjavik.

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing



warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.

<u>SEEDS 046. Environmentally Aware & Trash Hunting</u> 09.08 - 17.08 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on August 9th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats,



scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



SEEDS 047. August Photography in Reykjavík 09.08 - 17.08

ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of August 9 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.

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SEEDS 048. Hiking trails & Forestry - West Iceland

13.08 - 26.08 CONS / ENVI 12 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will be working in a beautiful forest located in the countryside district of Borgarbyggð, West Iceland, doing nature-conservation and environment-oriented tasks. SEEDS has been cooperating with the Icelandic Forest Service and our groups of volunteers have been helping out for more than 15 years in different locations all around the country; with very good results for the participants, the projects and the Icelandic nature conservation and reforestation efforts.

The main tasks will be to maintain hiking paths, build stairs, make and put up signs. Volunteers will also put up benches and tables in the forest. Other tasks will be to trim branches and beautify groves that are located near hiking paths. Well maintained paths enable people to visit these amazing areas without damaging the surroundings and in addition our volunteers' work helps to improve safety for visitors.

No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

Weather is unpredictable and it can be cold and/or rainy, be prepared to experience all kinds of weather. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats), as most of the tasks and activities take place outside.

ACCOMMODATION: SEEDS volunteers will sleep in beds in a house belonging to the Icelandic Forest Service. The house is fully equipped. Please bring your own sleeping bag. There is no WiFi in the house.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Remember to bring some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The project will take place in the West of Iceland countryside; in a district called Borgarbyggð, in a unique natural environment with breathtaking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather there is often better than in the surroundings.

The area's landscape, nature and culture reflect this heritage and bring history to life. There are many possibilities for outdoor recreation in a true natural paradise. The area is home to the most powerful hot spring in Europe, Deildartunguhver. Among the natural wonders nearby are the Hraunfossar and Barnafoss waterfalls, where water pours out of a lava field over a length of 1 km.

Additionally, the Hallmundarhraun lava field is among the deepest and best known in Iceland. Langjökull (Long Glacier), the second largest glacier in Iceland, expands over 950 km² and its highest point is 1355 m.

In addition to natural wonders this area is also famous for being one of the first settled locations in Iceland and featured in some of the oldest Icelandic sagas. Historically, its natural warmth made the location an early settlement adding even more depth to its incredible saga and Viking tales that surround the place. The region can be regarded as the setting for most of the Icelandic sagas.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL & TRANSPORT: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS offers the minibus option, a shared transport from Reykjavík to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip.

Meeting point at SEEDS' office at 11:00 am on August 13. Return to Reykjavík in the late evening of August 26. The minibus to this camp will cost EUR 35 each way, about 20% cheaper than public transport.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. The participation fee does not include the transportation from Reykjavík to the camp and back, which will cost **EUR 35** (Euros) one way or **EUR 70** (Euros) both ways.

This work camp takes place in a very remote place, located in a natural area of extreme beauty. Outdoor free-time activities, for instance hikes or walks in the surroundings, will be arranged for SEEDS volunteers.

The project takes place outside and it can get cold and rainy. We recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good working and walking shoes.



SEEDS 053. Between Glaciers & Lava (2/2) 14.08 - 26.08 ARTS / CULT / CONS 8 Volunteers Age: 18+

WORK / PROJECT: SEEDS volunteers will again have the opportunity to contribute to this special art and culture project in the west of Iceland. Since 2000, our hosts have been creating and developing an art residency camp, outdoors and indoors art exhibitions and a chapel for all types of religions which are open to the public.

The residency grew around an old abandoned farm which has been in the process of transformation for the last 20 years. The residency supports various art and culture activities, especially for young artists, as well as scientific research. Since the start of the project there have been thousands of visitors and plans exist to expand the residency with several more houses that will be built using stone, turf and driftwood from the region.

The art residency is home to the artworks of Páll Guðmundsson, a famous local artist known for his use of stone as an art medium. Páll's art comes in forms of stone statues, paintings on stone surfaces and even a musical instrument made of stone. His inspiration comes from Icelandic nature and traditional culture.

SEEDS volunteers will help with various tasks, such as maintenance work in the artwork garden; some of the group may help with painting the artist's workshop and some work in and around the chapel. Depending on the projects' needs we may also help in maintaining a walking path from the sculpture garden towards a small canyon where some outdoor artwork can be found and help with setting up and moving the artwork, taking down old fences, hand-picking trash and generally beautifying the surroundings.

The working day normally runs from 9:00 am to 17:00 (5:00 pm), with breaks for lunch and coffee. **No previous experience is necessary but the work is demanding and requires a good physical condition**; it can at times be repetitive but always rewarding. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as, depending on the weather, we may not be able to perform some of the tasks or activities planned. The working plan will depend on the needs of our local host, the progress of the diverse projects in the area and of course on the weather conditions.

Volunteers need to be motivated to work outdoors on physical jobs and in changeable weather. Bring warm winter clothes, under layers, waterproofs, walking shoes/boots, a good sleeping bag, hat, scarves and gloves.

ACCOMMODATION: SEEDS volunteers will stay in a local house; sleeping in shared rooms on mattresses in a sleeping bag accommodation. Please bring your own sleeping bag.

Volunteers will receive food ingredients and will be in charge of cooking and cleaning. Remember to bring some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The project takes place in the western part of Iceland, in a unique natural environment with breathtaking landscape, between glaciers and lava fields. The place is like an oasis in the desert, as the weather there is often better than in the surroundings. Among the natural wonders nearby are the Hraunfossar waterfalls, where water pours out of a lava field over a length of 1 km.

Additionally, the Hallmundarhraun lava field is among the deepest and best known in Iceland. Langjökull (Long Glacier), the second largest glacier in Iceland, expands over 950 km² and its highest point is 1355 m above sea level. In addition to natural wonders this area is also famous for being one of the first settled locations in Iceland and featured in some of the oldest Icelandic sagas.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: BSÍ Reykjavík.

SEEDS offers the minibus option, a shared transportation from the SEEDS office, in Reykjavík, to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip, while stopping on the way for interesting sites.

Departure at 14:00 (2:00 pm) on August 14 from SEEDS office. Return to Reykjavík in the evening of August 26.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). Please note that the fee can either be transferred in advance via bank transfer, or paid for on arrival. The participation fee **does not include** the transportation from Reykjavík to the camp and back, which will cost **EUR 35** one way or **EUR 70** both ways.

This work camp takes place in a remote region, in a natural area of extreme beauty. Our hosts will organise some free-time activities, for instance hikes or visits to the beautiful surroundings. Other excursions (e.g. Golden Circle or Snæfellsnes Peninsula) can be organised at discount fares for SEEDS volunteers.



SEEDS 049. Awareness, Engagement & Action! (8/9)

18.08 - 26.08 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 350 (Euros). The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 25** one way or **EUR 50** both ways. **Meeting time will be 14:00 (2:00 pm) on August 18 at SEEDS Office in Reykjavik.**

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing



warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.

<u>SEEDS 050. Environmentally Aware & Trash Hunting</u> 18.08 - 26.08 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on August 18th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats,



scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

SEEDS 051. Photography & Culture Night in Reykjavík 18.08 - 26.08 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of August 18 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 054. Forestry & tree planting in the North

18.08 - 26.08 ENVI / CONS / MANU 5 Volunteers Age: 18+

PROJECT / WORK: SEEDS volunteers will be working on a forestry and farming project at a local farm in the beautiful Svarfaðardalur valley in the north of Iceland, doing nature and environment-oriented tasks. The farm is a family cooperation that started 2 years ago. The aim is to create a holistic organic farming with vegetables and in the future also with animals.

The forestry project started in the summer of 2022 is very important for biodiversity and wind-shelter. The main tasks will include tree-planting, putting up fences for tree protection and doing other outdoor tasks that will be needed around the building of infrastructure in the farm.

No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

This is an exciting opportunity for volunteers with passion, interest and stamina to be a part of the development of this unique farm and to get to know the ideology behind it.

Weather is unpredictable, there can be warm and sunny days but it can also be cold and/or rainy, so be prepared for all kinds of weather. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats), as most of the tasks and activities take place outside.

ACCOMMODATION: SEEDS volunteers will sleep in beds in a house at the farm. Please bring your own sleeping bag. The host will arrange all meals and the volunteers will take shifts assisting in the kitchen. It is important that volunteers keep in mind to keep all common areas clean.

The facilities are basic with a kitchen, showers and a washing machine. Everyone is expected to show consideration for their companions in the shared accommodation.

Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: The farm is located in Svarfaðardalur, a large and beautiful valley that is part of the Dalvíkurbyggð municipality. The camp location is 3 km away from the village of Dalvík, which has a nice swimming pool and a different variety of services, and 40 km to the town of Akureyri the "capital of northern Iceland".

Svarfaðardalur is a wide, fertile and populated valley, dotted with quintessential farmsteads, gurgling streams and surrounded by a ring of spectacular mountain peaks. The highest mountain in the area is Dýjafjallshnjúkur, its summit measuring 1445m. The Svarfaðardalur Nature Reserve, Iceland's oldest wetland protection area, spans out across the valley's lower marshlands. Covering almost 8 square kilometers, this area is famous as a nesting ground for a wide variety of bird species.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airports: Keflavík/Reykjavík (KEF) or Akureyri (AEY).

Meeting point at SEEDS' office in Reykjavík at 5:00 pm on August 18. Return to Reykjavík in the late evening of August 26.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. The participation fee includes the transportation from Reykjavík to the camp and back.

This camp takes place in a remote place, located in a natural area of extreme beauty. SEEDS volunteers can also explore the surroundings of the location and enjoy free-time outdoor activities (like hikes or walks) arranged in cooperation with our local project host.

The project takes place outside and it can be cold and/or rainy. We recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good working and walking shoes.



SEEDS 052. Island of Viðey (2/2)

22.08 - 31.08 ENVI / CONS / RENO 8 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 17th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the autumn/winter season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the area without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in late August can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

Since most of the work will take place outdoors, it is recommended to bring warm and/or waterproof clothes (overcoats, scarves, gloves and hats) walking shoes/boots.

ACCOMMODATION: SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Viðey or "Wood Island" is the largest (1.7 km²) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

Meeting time is 15:00 (3:00 pm) on August 22 at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.



SEEDS 055. Awareness, Engagement & Action! (9/9)

27.08 - 04.09 ENVI / STUD 6 - 8 Participants Age: 18+

PROJECT: The Awareness, Engagement & Action project is part of a series of camps organised by SEEDS in cooperation with different partners, where we try to raise awareness about current environmental issues and encourage the volunteers to take action! One of our main goals for the next few years is to contribute to a nation-wide project aiming at cleaning up the Icelandic coastline.

SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources, the Icelandic Environmental organisation Landvernd, the Environmental Agency of Iceland, Umhverfisstofnun and other partners in order to draw attention to the issues of ocean pollution, plastic waste and to engage volunteers in cleaning up actions around the country.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor coastal cleanup tasks.

Volunteers will be cleaning up the shores and beaches. Additional work will be undertaken in the area of our accommodation as removing old fences dangerous to wildlife and visitors. We may also be marking some walking paths and, depending on the advance of the mentioned tasks, volunteers might do some forestry tasks in a small forest planted in the area or support in the renovation and maintenance of the house.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walking during the cleanups. Volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: This project gives SEEDS volunteers the opportunity to live in an old farm which has been transformed into an environmental-education centre. The facilities are basic with a kitchen, shower, and a washing machine. Volunteers will sleep in shared rooms or dormitories. **Please bring your own sleeping bag.**

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Remember to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Volunteers will stay in an old farmhouse, Alviðra, 1 hour drive south-east from Reykjavík. The house serves as an environmental-educational centre where visitors can have a look at an extensive stone and stuffed animal collection. The house sits under Ingólfsfjall, The Mountain of Ingólfur, with a view to Eyjafjallajökull where the volcanic eruptions started in March and April 2010.

The place is registered as natural Icelandic heritage; the nature, vegetation and birdlife is rich in variety and quantity. The volunteers can enjoy outdoor activities in a peaceful and beautiful location with a small stream and a pond nearby. Hiking trails with maps about cultural heritage can be found spread around the area, which is a popular attraction among foreign and local visitors.

The nearest town, Selfoss, only 10 minutes-drive away with 6500 inhabitants, is a centre of commerce and small industries where you find a geothermal swimming pool, shops, museums, cafés and bars.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer, or paid in cash** on arrival. It includes accommodation, food and one trip to the Hot River area in Reykjadalur.

The fee does not include the transportation from Reykjavík to the camp and back, which costs **EUR 25** one way or **EUR 50** both ways. **Meeting time will be 14:00 (2:00 pm) on August 27 at SEEDS Office in Reykjavík.**

Other excursions (e.g. Golden Circle, the South Shore or Reykjanes Peninsula) can be arranged at discount fares if there is additional free time after the camp activities. It may be cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes.



SEEDS 056. Environmentally Aware & Trash Hunting

27.08 - 04.09 ENVI / STUD 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with and supports the Icelandic ministry for Environment and Natural Resources on a project to clean up the Icelandic coastline; the Blue Army, an organisation dedicated to the cause of coast cleaning; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence; SORPA, the organisation in charge of waste collection & management in the Reykjavík area and other local stakeholders.

This camp allows volunteers to learn about global and local environmental issues through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will learn how to plan and do their own trash hunting projects back at home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a visit to the Hellisheiði geothermal power plant, a trash hunt in the area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

All the activities are dependent on conditions such as weather and availability of our partners.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As a part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities (as) planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transport from the meeting point to the camp (on the first day), other activities available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on August 27th at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.



27.08 - 04.09 ARTS / STUD 8 - 12 Participants Age: 16 - 20

PROJECT: This is the sixteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year, participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations, as well as to create conceptual frameworks highlighting the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography, the participants have the opportunity to explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camp. One of our objectives is to empower young people to use photography to draw attention to environmental and cultural subjects and issues.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note that this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather conditions.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms/dorms of up to 6 people. Please bring your own sleeping bag and towel.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Please note the food SEEDS provides will be **vegetarian.** Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 600** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first day), the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of August 27 at the SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp location. Those arriving earlier the same day are welcome from 10:00 am to the office to drop their bags/luggage and wait for the meeting time.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 059. Forestry in the Far East of Iceland 02.09 - 17.09 ENVI / CONS 6 Volunteers Age: 18+

WORK/PROJECT: SEEDS volunteers will be working on a project in the beautiful Hallormsstaðaskógur forest in the far East of Iceland, doing nature and environment-oriented tasks. SEEDS has been cooperating with the Icelandic Forest Service and our groups of volunteers have been helping out for some years, with very good results for the participants, the projects and the Icelandic nature conservation and reforestation efforts.

The main tasks will be to maintain hiking paths, build stairs, make and put up signs. Volunteers will also put up benches and tables in the forest. Other tasks will be to trim branches and beautify groves that are located near hiking paths. Well maintained paths enable people to visit these amazing areas without damaging the surroundings and in addition our volunteers' work helps to improve safety for visitors.

Last but not least, volunteers can explore the surroundings of the location and enjoy free-time activities arranged in cooperation with our local project host.

No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoors work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

Weather is unpredictable and it can be cold and/or rainy, be prepared to experience all kinds of weather. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats), as most of the tasks and activities take place outside.

ACCOMMODATION: SEEDS volunteers will sleep in beds in a house belonging to the Icelandic Forest Service. The house is fully equipped. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: Hallormsstaðaskógur is the largest wooded area of the country. It extends over an area of 740 ha. The reforestation of the area has been going on since a protection law was passed in 1899. The oldest part of the woodland is accessible by good hiking trails. The area offers a great variety of trails, such as one through the deepest valley of the country and one up to Sandfell where the view is quite magnificent.

Small streams run through the land where visitors can cool down on warm summer days. The Eastfjords is a region with a special landscape, dominated by long, narrow fjords and steep mountains. The wild reindeer of Iceland are found here; the herd counts between three and four thousand animals.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL & TRANSPORT: Closest international Airport: Keflavík/Reykjavík (KEF).

SEEDS offers the minibus option: shared transport from Reykjavík to the camp and back. Apart from being cheaper and convenient, it allows participants to meet and have a relaxed trip, while stopping on the way for interesting sites.

The SEEDS minibus will travel one way along the northern part of the country and the other along the south coast of Iceland. In this way we will **travel the whole ring road** and stop at magnificent natural sights, including waterfalls, glaciers, volcano craters, hot springs, iceberg lagoons, black sand beaches, etc. **Meeting point at SEEDS' office in Reykjavík at 7:00 am on September 2nd.** Return to Reykjavík in the **late evening of September 17.** The minibus to this camp will cost **EUR 80** (Euros) each way. This is about 30-40% cheaper than public transport.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350** (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. The participation fee does not include the transportation from Reykjavík to the camp and back, which will cost **EUR 80** (Euros) one way or **EUR 160** (Euros) both ways.

This work camp takes place in a very remote place, located in a natural area of extreme beauty. Outdoor free-time activities, for instance hikes or walks in the surroundings, will be arranged for SEEDS volunteers. The project takes place outside and it can get very cold. We recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good working and walking shoes.

Free-time activities in the area will be organised depending on the weather conditions.



SEEDS 060. Environment & Photography - September 05.09 - 14.09 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on September 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 061. Environment & Photography - Autumn 15.09 - 24.09 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on September 15 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 062. Environment & Photography - Film 25.09 - 04.10 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management and sustainability, and you also love taking photographs, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should be ready to spend time outdoors walking medium distances during activities and sightseeing. Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

SEEDS will organise a night photography and aurora hunting workshop in the city or in the vicinity of Reykjavík. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

During the camp, the annual **Reykjavík International Film Festival (RIFF)** will take place. The main goal is to present dramas and non-fiction films by filmmakers from over 40 countries. **SEEDS does not provide festival passes but participants can attend free off-venue events and screenings.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on September 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



SEEDS 063. Environment & Photography - Imagine Peace 05.10 - 14.10 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management and sustainability, and you also love taking photographs, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should be ready to spend time outdoors walking medium distances during activities and sightseeing. Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

SEEDS will organise a night photography and aurora hunting workshop in the city or in the vicinity of Reykjavík. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

During this camp, the **Imagine Peace Tower**, located on Viðey Island, will be lit and illuminate the night sky of Reykjavík. The tower is a memorial to John Lennon by his wife, Yoko Ono, and it is lit every year from October 9 to December 8.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on October 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



SEEDS 064. Environment & Photography - October 15.10 -24.10 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on October 15 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 065. Environment & Photography - Airwaves 25.10 -03.11 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management and sustainability, and you also love taking photographs, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should be ready to spend time outdoors walking medium distances during activities and sightseeing. Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

SEEDS will organise a night photography and aurora hunting workshop in the city or in the vicinity of Reykjavík. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

During the time of the camp, **Iceland Airwaves**, an annual music festival, is hosted in Reykjavik. There are performances from established and new artists in a host of different venues around the city. **SEEDS does not provide passes for the festival, however there are a lot of free events all around town to attend.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on October 25 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



SEEDS 066. Environment & Photography - Art 04.11-13.11 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management and sustainability, and you also love taking photographs, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should be ready to spend time outdoors walking medium distances during activities and sightseeing. Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

SEEDS will organise a night photography and aurora hunting workshop in the city or in the vicinity of Reykjavík. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

During this camp, the **Unglist Art Festival** will take place in Reykjavík. The **Unglist** is a platform for young and aspiring artists and a celebration of new trends and diversity. During the festival, there are many free events happening around the city, open to everyone.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on November 4 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



SEEDS 067. Environment & Photography - November 14.11-23.11 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on November 14 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 068. Environment & Photography - Winter 24.11-03.12 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on November 24 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore and/or Reykjanes) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 069. Environment & Photography - Advent 04.12-13.12 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on December 4 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore and/or Reykjanes) can be arranged at discount fares if there is free time after the camp workshops/sessions.



SEEDS 070. Environment & Photography - Christmas 14.12-23.12 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the city or in the vicinity of Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on December 14 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore and/or Reykjanes) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



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SEEDS 071. Environment & Photography - New Years' 27.12 - 05.01 ENVI / ARTS / STUD 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management and sustainability, and you also love taking photographs, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a trash collection centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in possible excursions. Participants should be ready to spend time outdoors walking medium distances during activities and sightseeing. Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller volunteer work part and puts a bigger emphasis on the personal learning process than on the community impact.

SEEDS will organise a night photography and aurora hunting workshop in the city or in the vicinity of Reykjavík. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

Celebrate the **New Year** in a vibrant city with new friends from around the world. Watch the large fireworks display illuminate the sky, celebrate around a bonfire and party into the night.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 400 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on December 27 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Some excursions (e.g. to the Golden Circle, South Shore and/or Reykjanes) can be arranged at discount fares if there is free time after the camp workshops/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.

