



SEEDS Iceland
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Dear volunteers,

Travelling to Iceland has been affected by the worldwide COVID-19 pandemic and we want everyone to be well informed and aware of the latest developments and procedures to follow.

Please read through this document carefully and note that it is your responsibility to ensure you are allowed to enter Iceland and you have the relevant documents and meet the Icelandic government and border police entry requirements.

BEFORE TRAVELLING TO ICELAND - FOR THOSE ALLOWED TO

Travellers allowed to travel to Iceland are required to present negative PCR-test results no older than 72 hours before their time of departure to Iceland. This requirement applies also to people with a vaccination certificate. Check from the link below who is allowed:

<https://www.logreglan.is/english/regarding-travel-restrictions-to-iceland-as-a-result-of-covid-19/>

If a traveller has **recently** been diagnosed with COVID-19, they do not need to present a negative PCR or rapid antigen test at the border. Instead, a positive PCR test must be presented that is older than 14 days (isolation completed) but younger than 180 days. Those individuals will not need to present a negative PCR or antigen test for travelling to Iceland and will not need to undergo a test on arrival or quarantine.

Unvaccinated travellers must present a negative PCR test certificate upon arrival as well as undergo testing at the airport. This is followed by 5 days of quarantine and another test at the end of the quarantine period.

All passengers are required to fill out a pre-registration form (on www.covid.is/english) before departure to Iceland, which includes their contact information, address during their quarantine in Iceland and a declaration of health. You can find the form here: <https://visit.covid.is/>. After registration you will receive a bar code via email, which you will have to show at the airport in order to get tested, if a test is needed.

Passengers are also encouraged to download and use the COVID-19 app Rakning C-19. The app contains important information on COVID-19 and how to contact the healthcare service in Iceland.

Please find more information through the links given at the end of this document.



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TRAVELLING & TESTING PROCEDURES

On the airplane, as well as on arrival at the airport, travellers are required to wear face masks. Attention to hygiene and basic infection control is required and physical distancing should be respected.

Vaccinated travellers do not have to undergo additional testing at arrival at the airport nor quarantine after arriving.

Passengers without proof of either full vaccination or prior infection are to be tested twice for COVID-19 when arriving in Iceland. The first test takes place at the airport on arrival and the second test will be scheduled approximately 5 days later.

One must remain in quarantine, until the results of the second test are in (and negative). This means that no activities involving social interaction can be undertaken the first 5 days after arriving.

Travellers without a vaccination certificate or a proof of prior infection who come from risk areas (currently all countries except Greenland) should quarantine in an accommodation that meets the required conditions.

Please consult the list of accommodations that offer quarantine rooms:

<https://www.ferdamalastofa.is/en/about-us/novel-coronavirus-covid-19-general-info/accommodations-that-welcome-guests-in-quarantine>

Passengers may also be asked to self-quarantine if they have been within 2 metres of an infected person for more than 15 minutes, or sat within two rows of an infected person on a plane. Bear in mind that breaking quarantine can carry a heavy fine.

EU DIGITAL COVID CERTIFICATE

As of 1 July, the EU - plus Iceland, Liechtenstein, Norway and Switzerland - will allow freedom of movement within the bloc, via the use of a travel scheme also known as "immunity pass" or "health pass". This certificate will include information on the holder's vaccination record, negative tests, or a record of previous infection. Either digital or paper certificates will include a digitally signed QR code, which can be scanned on entry to a country. It will be written both in the national language of the country issuing it and in English. Member states have agreed on a common format design.

As of 8 June, nine EU member states have already started issuing the certificates: Bulgaria, Croatia, Czechia, Denmark, Germany, Greece, Lithuania, Poland and Spain. Iceland has also launched a pilot project issuing digital COVID-19 certificates in conformity with the recently agreed EU regulation.

Further information can be found on the official EU website:

https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccines-europeans/eu-digital-covid-certificate_en#will-citizens-who-are-not-yet-vaccinated-be-able-to-travel-to-another-eu-country



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JOINING SEEDS CAMPS & QUARANTINE ACCOMMODATION

To avoid risks, we at SEEDS do not allow participants to join our camps until we are certain that they have not tested positive for COVID-19; therefore we recommend everyone who needs to quarantine to arrive in Iceland at least **5 days before the meeting time**, to allow for the quarantine period to pass before joining the camp. For our workcamps in Reykjavík, those who provide a certificate of vaccination or prior infection can arrive in the morning or early afternoon of the same day of meeting.

For our regular workcamps outside Reykjavík it is necessary to be out of quarantine before the meeting time, because of transportation to the camp, which may be a long way from Reykjavík. If someone needs to join such a work camp at a later day, we cannot guarantee to provide transportation. Those who provide a certificate of vaccination or prior infection are required to arrive at least one day before the meeting time.

Important notice: People travelling from all countries except Greenland must pre-register before travelling to Iceland and confirm their departure day, if available.

The number of participants in the camps and the beds distribution will be calculated in accordance with the relevant and corresponding local regulations. Health and hygiene measures shall be guaranteed according to the recommendations and regulations of the local authorities.

Camp leaders and group volunteers will be in charge of sanitation of the accommodation used during the workcamp and frequent ventilation of spaces. They must follow periodic hand sanitation with soap and water or with alcohol-based sanitiser.

Volunteers should bring their own personal protective equipment, face masks, sanitiser and gloves.

MEASURES FOR POTENTIAL CASES IN THE GROUP

If any of the volunteers presents symptoms related to COVID-19 (flu symptoms and/or temperature above 37.5°), this volunteer will be isolated immediately and an appointment for CPR test will be made to be taken on the same day or next day.

An adequate location will be provided for quarantine until the results of the test are received.

In case a volunteer tests positive, s/he will be accommodated in the governmental isolation hotel, where both food and accommodation will be provided free of charge until s/he recovers.



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FREQUENTLY ASKED QUESTIONS

Are the use of masks and social distancing compulsory in Iceland?

Wearing masks is mandatory indoors where 1m distancing cannot be guaranteed. People are still welcome to wear masks, even where they are no longer mandatory.

Is the use of a mask required during meal preparation and in situations where distancing cannot be guaranteed?

No. All of our volunteers must be tested negative before we allow them to the camp.

Is personal protective equipment provided (masks and sanitiser)?

We ask volunteers to bring their own reusable masks, but if necessary we can provide single use masks. We provide sanitiser in the accommodation facilities.

Do sleeping conditions guarantee interpersonal distancing of at least 1 metre?

Yes. However, no distancing rules are in place by law.

How many people stay in one room?

It differs per house, but we usually arrange it to be no higher than 3.

How are toilet facilities organised? Is periodic sanitation expected?

Depending on the house, we have up to 3 toilets. These are regularly cleaned (sanitised when necessary) by the volunteers themselves.

What are the security measures to be taken in case someone has flu symptoms/fever/body temperature higher than 37.5 °C?

The person will be isolated, the health services will be called and an appointment for a PCR test will be made. The test usually happens the next day and the results are received that same day. The test will be free of charge.

Which health authorities are to be contacted and what kind of procedure is followed?

The local healthcare centre. The volunteer will be asked to undergo a PCR test.

Will the volunteers be charged for the test, or will it be provided for free by local healthcare?

It is provided for free by the local healthcare service.

Will the other volunteers in the group adopt self-isolation, and will they be tested for COVID-19?

If there is reason to assume infection, yes. This is done and decided in collaboration with the local authorities.

Will you be able to provide a room to guarantee isolation of the volunteer/s until the outcome of the test is known and, in case of positivity, throughout her/his recovery period, that may eventually last longer than the official camps date in case the volunteer is not able to return to her/his country?

Yes, we will provide a separate room. In case of positivity, the volunteer will be provided a room in the isolation hotel run by the local authorities.

Will the volunteer be charged the eventual external accommodation cost?

No. It includes board and lodging, free of charge until 10 days without being tested positive and 3 days after showing no more symptoms.

Are the volunteers under the age of 18 supervised in the quarantine facilities?

The government-run quarantine facilities do not accept unaccompanied minors. Therefore they should book a quarantine room in an accommodation that does allow unaccompanied minors.

Please consult the list of accommodations that offer quarantine rooms:

<https://www.ferdamalastofa.is/en/about-us/novel-coronavirus-covid-19-general-info/accommodations-that-welcome-quests-in-quarantine>

Is a certificate of vaccination enough to enter Iceland?

No. The current regulations still require a PCR or Rapid Antigen test at the border, even for those who already have a vaccination certificate or proof of prior COVID infection. If a traveller has **recently** been diagnosed with COVID-19, they do not need to present a negative PCR or rapid antigen test at the border. Instead, a positive PCR test must be presented that is older than 14 days (isolation completed) but younger than 180 days.

In case of COVID-19 positivity, which institutions are going to be informed?

We will contact the volunteer's sending organisation and the emergency contact/s of the volunteer. If there is an embassy of their country of origin, then we will inform them as well.

USEFUL LINKS

All the information can also be found on the official Icelandic COVID website:

<https://www.covid.is/english>

<https://www.logreglan.is/english/regarding-travel-restrictions-to-iceland-as-a-result-of-covid-19/>

<https://www.covid.is/categories/travel-to-and-within-iceland>

<https://island.is/en/p/entry>

Please be aware of the requirements that certificates need to comply with:

<https://www.covid.is/sub-categories/certificates>



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It is worth reading these governmental platforms for the most updated information:

<https://www.government.is/news/article/2021/04/27/-Ban-on-unnecessary-travel-from-high-risk-areas/>

<https://www.government.is/diplomatic-missions/embassy-article/2021/05/21/COVID-19-Border-measures-extended-to-15th-of-June/>

<https://www.government.is/news/article/2021/02/16/Travelers-required-to-present-negative-PCR-test-before-boarding-/>

<https://www.government.is/news/article/2021/03/16/Exemption-from-border-measures-for-vaccinated-individuals-to-be-extended-to-non-Schengen-countries/>

<https://www.landlaeknir.is/um-embattid/greinar/grein/item44162/Certificate-of-vaccination-against-COVID-19-accepted-at-the-border>

https://www.icelandair.com/blog/iceland-is-open-faq/?utm_source=newsletter&utm_medium=email&utm_campaign=border_opening&utm_content=week11